



**FOR THE ASSABET SUDBURY & CONCORD RIVERS**

## Water Quality Monitoring Program Final Report: 2014 Field Season



April 2015



## Acknowledgments

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*Cover pictures clockwise from top left: painted turtles in Hudson Impoundment; Gleasondale Impoundment; Arrowhead (Sagittaria); Taylor Memorial Bridge, Assabet River, Hudson.*

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**Table of Contents**

Abstract .....	1
Introduction.....	1
Water Quality Sampling 2014 .....	6
Water Quality Sampling Methods .....	6
River Reaches and Tributaries .....	8
Precipitation and Streamflow.....	9
Water Quality Results .....	11
Summer Nutrient Trends 1992 - 2014 .....	20
Water Quality and Stream Health Index Calculations.....	27
Aquatic Plant Biomass Sampling.....	31
Biomass Survey Methods .....	31
Biomass Results .....	32
Summary.....	35
References.....	38
Glossary of Terms.....	40
Appendix I: Water Quality Designations for the SuAsCo Rivers and Streams.....	44
Appendix II: Streamflow Data from USGS Gages (see Fig. 4 for Assabet River Mean Daily Streamflows).....	46
Appendix III: Data Quality Notes.....	48
Appendix IV: Water Quality Data .....	50
Appendix V: Additional Readings : Hudson Impoundment, August 8, 2014 .....	51
Appendix VI: Aquatic Plant Biomass Survey Data 2005 - 2014.....	53

**Figures and Tables**

Figure 1: Sudbury, Assabet, and Concord River Watershed and 2014 Sampling Sites .....	5
Figure 2: NWS Rainfall Data (2014).....	9
Figure 3: Groundwater Levels (USGS Monitoring Well Acton, MA) .....	10
Figure 4: Mean Daily Streamflows Assabet River: 2014 .....	11
Figure 5: Median Dissolved Oxygen Measurements (Summers 2009 – 2014).....	15
Figure 6: Backwater of Hudson Impoundment, 8/6/14 .....	16
Figure 7: Dissolved Oxygen, Assabet River Hudson Impoundment, 8/6/14.....	17
Figure 8: Hudson Impoundment from Google Maps & Digital Globe 2015.....	17
Figure 9: Median Total Phosphorus Concentrations (Summers 1999- 2014) .....	18
Figure 10: Median Nitrate Concentrations (Summers 2009- 2014) .....	19
Figure 11: Chlorophyll- <i>a</i> at Sudbury River Sites .....	20
Figure 12: Summer Total Phosphorus in Upper and Lower Assabet Mainstem .....	22
Figure 13: Summer Nitrates in Upper and Lower Assabet Mainstem.....	23
Figure 14: Summer Total Phosphorus at Assabet Headwater & Tributaries.....	24
Figure 15: Summer Nutrients at Assabet Headwater Site and Tributaries .....	25
Figure 16: Annual Load Total Phosphorus from WWTPs .....	26
Figure 17: Total Annual Flow from WWTPs.....	26
Figure 18: Class vs. Biomass Wet Weight.....	32
Figure 19: Total Floating Aquatic Plant Biomass Wet Weight .....	32
Figure 20: Total Floating Biomass, Ben Smith, August 29, 2014.....	33
Figure 21: Total Floating Biomass, Hudson Impoundment, August 29, 2014.....	34

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Table 1: Water Quality Sampling Sites 2014 .....	4
Table 2: Sampling and Analysis Methods .....	6
Table 3: Water Quality Standards and Guidance for Use Support (MA DEP 2013) .....	7
Table 4: Reference Conditions for Ecoregion XIV (59) Streams (US EPA 2000) .....	7
Table 5: StreamStats Drainage Basin Statistics .....	8
Table 6: Hydrographic and Precipitation Data 2014 .....	9
Table 7: Mainstem Reach and Tributary Statistics .....	12
Table 8: Dissolved Oxygen Violations .....	15
Table 9: NH Chlorophyll Categories .....	19
Table 10: Sites for Nutrient Trends Analysis .....	20
Table 11: Stream Health Index Readings – Summer 2014 .....	28
Table 12: Water Quality Index Readings – Selected Mainstem Sites Summers 2014 .....	29

## Appendices

- I: Water Quality Designations for the SuAsCo Rivers and Streams
- II: Streamflow Data from USGS Gages
- III: Data Quality Notes
- IV: Water Quality Data (available upon request)
- V: Additional Readings: Hudson Impoundment, August 8, 2014
- VI: Aquatic Plant Biomass Survey Data

## Abstract

This report covers the water quality and streamflow data collected between April 2014 and November 2014, summarizes the findings of a trends analysis for total phosphorus and nitrates concentrations between 1993 and 2014, and presents aquatic plant biomass data collected in 2014.

Water quality reports for 1999 – 2013 (OAR 2000b, OAR 2001, OAR 2002, OAR 2003b, OAR 2004, OAR 2005, OAR 2006b, OAR 2007, OAR 2009, OARS 2011, OARS 2013) and 2005 biomass sampling project (OAR 2006a) are available on OARS' website (<http://www.oars3rivers.org/river/waterquality/reports>). Full data is available upon request.

## Introduction

The combined Assabet, Sudbury, and Concord River watershed is about 399 square miles in eastern Massachusetts and is within EPA's Nutrient Ecoregion XIV subregion 59, the Eastern Coastal Plain. The mainstem rivers, particularly the Assabet, suffer from cultural eutrophication caused by excess nutrients coming from point and non-point sources and from the soft sediments. During the growing season excess nutrients, phosphorus in particular, fuel nuisance algal and macrophytic plant growth which interferes with recreational use of the rivers and causes large daily variations in dissolved oxygen concentrations and pH, making poor habitat for aquatic life. When the algae and plants decay (whenever they are exposed on the river banks and/or at the end of the growing season) they generate strong sewage-like odors, can dramatically lower dissolved oxygen levels in the water column and impair aesthetics and use of the rivers.

Under the federal Clean Water Act (Section 305b), states are required to evaluate the condition of the state's surface and ground waters with respect to their ability to support designated uses (such as fishing and swimming) as defined in each of the state's surface water quality standards. In their 2014 assessment, Massachusetts Department of Environmental Protection (MA DEP, 2014) lists all sections of the Assabet and Concord Rivers, from the Assabet River Reservoir (A1 Impoundment) in Westborough to the confluence with the Merrimack River in Lowell, on the Impaired Waters List- Category 5 Water, "Waters Requiring a TMDL" for a variety of impairments. A Total Maximum Daily Loading Study (TMDL) for nutrients on the Assabet River was completed in 2004. The Sudbury River upstream of Fruit Street bridge in Hopkinton/Westborough is listed as Category 3 "No uses assessed." All sections of the Sudbury River from Fruit Street downstream to the confluence with the Assabet in Concord are listed as Category 5 for metals. Seven of the tributaries in the basin are also listed as Category 5 Waters (MA DEP, 2014): Eames Brook (cause unknown, taste/odor, noxious aquatic plants), Hop Brook in Marlborough/ Sudbury (nutrients, pathogens, dissolved oxygen, and noxious aquatic plants), Pantry Brook (pathogens), Elizabeth Brook (cause unknown), Nashoba Brook (fisheries bioassessment), and River Meadow Brook (pathogens). Mill Brook in Concord is listed as Category 4c Waters, "Impairment not caused by a pollutant." Other tributaries are listed as either Category 2 ("Attaining some uses; other uses not assessed") or Category 3 ("No Uses Assessed").

The findings of the *Assabet River Total Maximum Daily Loading Study* (ENSR 2001, MA DEP 2004) confirmed that the majority of the nutrients entering the Assabet were coming from the wastewater treatment plants that discharge treated effluent to the river. In particular, treatment

plants are the major source of ortho-phosphorus (the bioavailable form of phosphorus) throughout the year. While non-point sources contribute nutrients, they contributed significantly less than point sources over the growing season. The 2004 study concluded that reductions in nutrient loads from both point and non-point sources would be required to restore the Assabet River to Class B conditions. MA DEP and EPA adopted a two-phased adaptive management plan to reduce phosphorous loads in the Assabet. In Phase I, lower total phosphorus discharge limits were imposed at the four major wastewater treatment plants (WWTPs). As a part of Phase I, ways of limiting nutrient flux from the nutrient-rich sediments which accumulate in the slower moving and impounded river sections were studied. The *Assabet River, Massachusetts, Sediment and Dam Removal Feasibility* Study (ACOE 2010) examined sediment dredging, dam removal, and lower winter phosphorus discharge limits as ways of controlling the annual phosphorus loading from the sediments. The study concluded that: (1) dredging would achieve, at best, short term improvements; (2) phosphorus discharge from the WWTPs in the winter contributes to the annual phosphorus budget for the Assabet and, therefore, decreased winter phosphorus discharge limits would be another way to control phosphorus loading to the system; and (3) that dam removal plus the Phase 1 WWTPs phosphorus discharge reductions would almost meet the goal of reducing the sediment phosphorus contribution by 90 percent (MA DEP 2004), achieving an estimated 80 percent reduction. The study commented that, “due to the large size of the impoundment, if the Ben Smith dam were to stay in place, significant biomass growth would continue to occur, resulting in existing levels of sediment phosphorus flux in both the entire length of the Ben Smith impoundment, and continuing downstream to the Powdermill impoundment, and beyond.”

Upgrades to all four municipal wastewater treatment plants that discharge to the Assabet River were completed as of the spring of 2012: Hudson in September 2009, Maynard in spring 2011, Marlborough Westerly and Westborough in the spring of 2012. With the upgrades complete, all the treatment plants meet summer total phosphorus discharge limits of 0.1 mg/L and a winter limit of 1.0 mg/L. The Marlborough Easterly plant discharging to Hop Brook (tributary to the Sudbury River) is required to be upgraded by May 31, 2015.

A natural streamflow regime (i.e. range, duration, and timing of streamflows) throughout the year is critical to supporting fish and other aquatic life. Baseflow, the flow of groundwater into the streams, is particularly critical during the summer and is essential to diluting the effluent discharged to the river. For the nutrient load reductions proposed in the state’s TMDL to be effective in restoring water quality in the mainstem, the existing baseflow in the river and its tributaries must be preserved and, if possible, augmented. The water resources of the area are under the strain of an increasing demand for water supply and centralized wastewater treatment, which results in the net loss of water from many sub-basins and reduced baseflow in the mainstem and tributaries.

Invasive aquatic plants are also a problem throughout the watershed. The Sudbury River has a long history of invasive water chestnut (*Trapa natans*) problems and efforts to remediate those problems. Significant water chestnut infestations are also on the Concord River, particularly in the Billerica impoundment, and the Assabet River, particularly in the Stow sections of the river. Other invasive aquatic plants include Eurasian milfoil, fanwort, curlyleaf pondweed, and European water clover.

Because of these problems, OARS (formerly the Organization for the Assabet River) conducts water quality, streamflow, and aquatic plant biomass monitoring on the mainstems and large

tributaries of the Assabet, Sudbury, and Concord rivers. Without the support and work of its volunteers, OARS would not be able to conduct such an extensive monitoring program. The summer of 2014 was OARS' 23<sup>rd</sup> consecutive summer collecting data at mainstem Assabet River sites, including the longest standing sites below each major wastewater treatment plant, its 13<sup>th</sup> year collecting data at tributary sites, its 11<sup>th</sup> year collecting data at mainstem Concord River sites, its 6<sup>th</sup> summer collecting Sudbury River data, and its 10<sup>th</sup> year assessing aquatic plant biomass in the large impoundments of the Assabet River. Water quality data collected under OARS' *Quality Assurance Project Plan for OARS' Water Quality and Quantity Monitoring Program* (approved May 2013) and previous Quality Assurance Project Plans may be used by EPA and DEP in making regulatory decisions (OARS, 2013b). The goals of OARS' monitoring program remain: to understand long-term trends in the condition of the river and its tributaries, provide sound scientific information to evaluate regulatory decisions that affect the river, and to promote stewardship of the river through volunteer participation in the project.

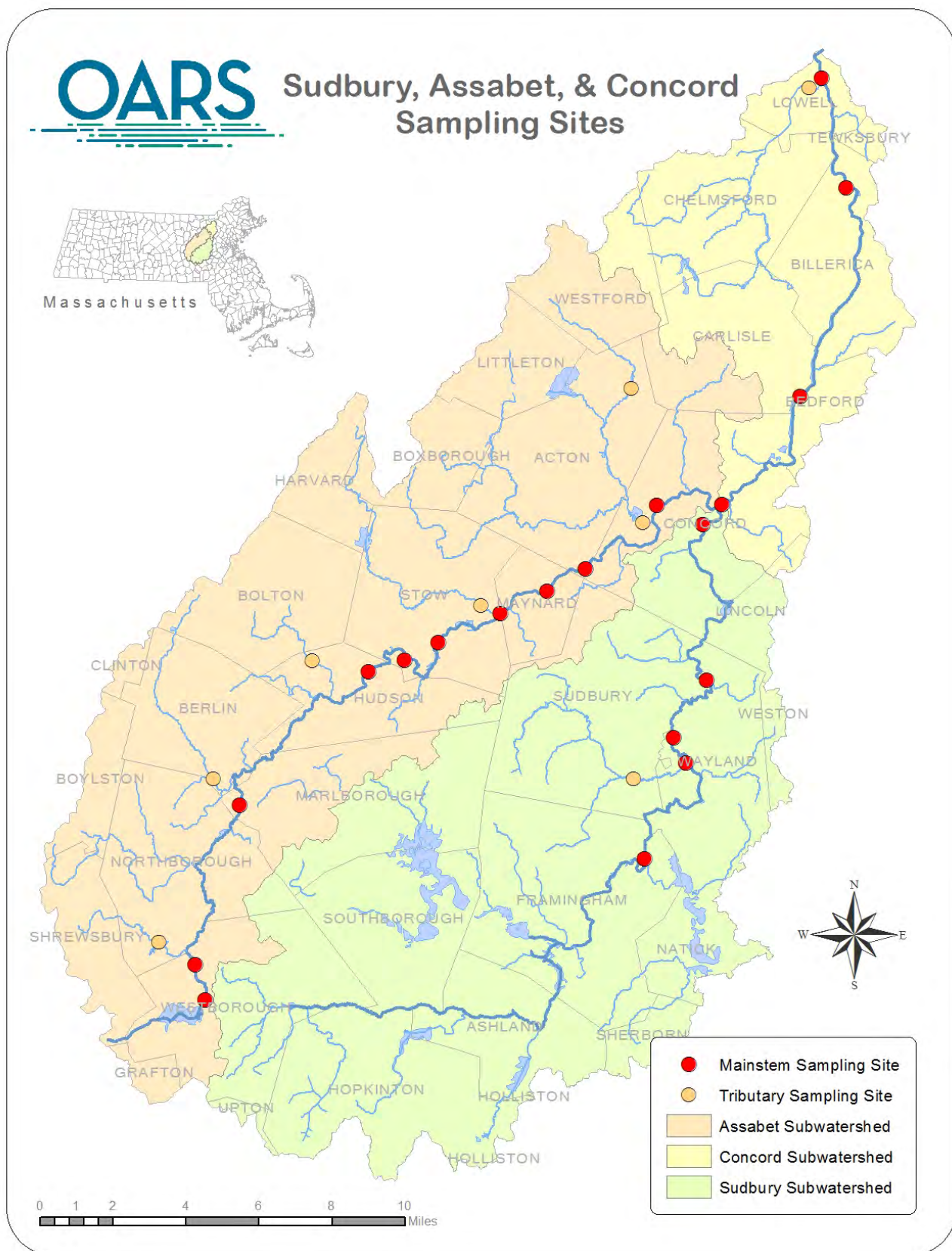
The data collected are also used to characterize fish habitat conditions in the main tributary sub-basins. Streamflow and habitat availability data were collected at seven tributary sites (Assabet headwaters, Hop Brook, North Brook, Elizabeth Brook, Danforth Brook, Nashoba Brook, and River Meadow Brook) to calculate OARS' "Stream Health Index" readings for those streams (described at <http://www.oars3rivers.org/our-work/monitoring/interpret-data>).



Table 1: Water Quality Sampling Sites 2014

Waterbody / Section	Site Location	Town	OARS Site #	SARIS #	Months Sampled	Lat/Long (d/m/s)	Measurements	
							WQ	Flow
Concord River	Rogers Street	Lowell	CND-009	46500	Mar, May – Sept, Nov	42°38' 08.89" / -71°18' 06.45"	√	(USGS)
Concord River	Lowell Street	Billerica	CND-045	46500	June - Aug	42°35'35.5"/ -71°17' 20.04"	√	
Concord River	Rte 225	Bedford	CND-110	46500	June - Aug	42°30' 33.0"/ -71°18' 48.6"	√	
Concord River	Lowell Rd. Bridge	Concord	CND-161	46500	Mar, May – Sept, Nov	42°27' 58.56"/- 71°21' 20.43"	√	
Sudbury River	Rte 62 / Boat House	Concord	SUD-005	47650	Mar, May – Sept, Nov	42°27' 29.8"/ -71°21' 58.8"	√	
Sudbury River	Sherman Bridge Rd.	Wayland	SUD-064	47650	May - Sept	42°23' 47.21" /- 71°21' 50.00"	√	
Sudbury River	River Road	Wayland	SUD-086	47650	May - Sept	42°22' 25.26"/ -71°22' 55.17"	√	
Sudbury River	Route 20	Wayland	SUD-096	47650	May – Sept	42° 21' 48"/ -71° 22' 28"	√	
Sudbury River	Sudbury Landing	Framingham	SUD-144	47650	May - Sept	42°19' 32.1" /- 71°23' 50.8"	√	(USGS)
Assabet River / Lower	Route 2	Concord	ABT-026	46775	Mar, May – Sept, Nov	42°27' 56.96"/ -71°23' 27.92"	√	
Assabet River / Lower	Rte 62 / Canoe access	Acton	ABT-063	46775	June - Aug	42°26' 28.29"/ -71°25' 48.65"	√	
Assabet River / Lower	Rte 62/ USGS Gage	Maynard	ABT-077	46775	Mar, May – Sept, Nov	42°25' 56.00"/ -71°26' 58.55"	√	(USGS)
Assabet River/ Impound.	White Pond Road	Stow/Maynard	ABT-095	46775	June – Aug	42°25'23.6"/- 71°28'29.5"	in-situ	
Assabet River/Impound.	Sudbury Road	Stow	ABT-134	46775	June – Aug	42°24'41.8"/- 71°30'30.0"	in-situ	
Assabet River / Upper	Rte 62 / Gleasondale	Stow	ABT-144	46775	June - Aug	42°24' 16.26"/ -71°31' 34.70"	√	
Assabet River/Impound.	Cox Street	Hudson	ABT-162	46775	June – Aug	42°23'59.1"/-71°32'45.0"	in-situ	
Assabet River / Upper	Robin Hill Road	Marlborough	ABT-238	46775	June - Aug	42°20' 42.61"/ -71°36' 50.92"	√	
Assabet River / Upper	Route 9	Westborough	ABT-301	46775	Mar, May – Sept, Nov	42°16' 59.61"/ -71°38' 19.44"	√	
Assabet River/ Headwater	Mill Road	Westborough	ABT-312	46775	Mar, May-Sept, Nov	42°16' 26"/ -71°37' 56"	√	OARS
River Meadow Brook	Thorndike Street	Lowell	RVM-005	46525	June - Aug	42°37' 54.54"/ -71°18' 30.70"	√	
Nashoba Brook	Commonwealth Av.	Concord	NSH-002	unnamed	Mar, May – Sept, Nov	42°27' 32.05"/ -71°23' 49.35"	√	OARS
Nashoba Brook	Wheeler Lane	Acton	NSH-047	46875	Mar, May – Sept, Nov	42°30' 46.71"/ -71°24' 15.83"	√	(USGS)
Elizabeth Brook	White Pond Road	Stow	ELZ-004	47125	Mar, May – Sept, Nov	42°25' 36.96"/ -71°29' 07.01"	√	OARS
Danforth Brook	Rte 85	Hudson	DAN-013	47275	Mar, May – Sept, Nov	42°24' 13.65"/ -71°34' 28.64"	√	OARS
North Brook	Pleasant St.	Berlin	NTH-009	47375	Mar, May – Sept, Nov	42°21' 25.67"/ -71°37' 45.48"	√	OARS
Hop Brook	Otis Street	Northborough	HOP-011	47600	Mar, May – Sept, Nov	42°17' 31.27"/ -71°39' 27.04"	√	OARS
Hop Brook	Landham Road	Sudbury	HBS-016	47825	May - Sept	42°21' 26.5" / -71°24' 11.7"	√	

Figure 1: Sudbury, Assabet, and Concord River Watershed and 2014 Sampling Sites



## Water Quality Sampling 2014

### *Water Quality Sampling Methods*

Trained volunteers and OARS staff monitored water quality at sites throughout the watershed (Table 1, Figure 1). Each site is assigned a three letter prefix for the waterbody name plus a three number designation indicating rivermiles above its confluence with the next stream. Water quality monitoring was conducted one Sunday each month in March, May, June, July, August, September, and November. Because of funding limitations, not all sites are sampled each month: in November and March, only the gaged sites and mainstem top and bottom of the main rivers were sampled; in May through September, Sudbury River sites were included; all sites were sampled in the summer months (June, July, and August); from May to September additional in-situ readings were taken at three sites within impounded Assabet River areas in Stow and Hudson (ABT-162, ABT-134, and ABT-095). From May to September (the growing season) monitoring is conducted between 5:00am and 8:30am, to capture the diurnal low in dissolved oxygen readings. In the non-growing season when dissolved oxygen does not vary as dramatically over the day, monitoring is conducted between about 6:00am and 1:00pm. Streamflow was calculated from stage readings of OARS' gages using stage/discharge rating curves developed in cooperation with the United States Geological Survey (USGS) or recorded from the USGS real-time gage webpages.

Nutrient and suspended solids samples were taken using bottles supplied by the state certified laboratory under contract with OARS and were stored in the dark on ice during transport from the field to the lab. Samples were delivered to the laboratory within twenty four hours of collection and analyzed within their respective hold-times. Chlorophyll-*a* samples were delivered to the laboratory within 4 hours of sampling and analyzed within their hold-times. *In-situ* readings of temperature, dissolved oxygen, pH, and conductivity were taken using multi-function YSI 6000-series meters (pre- and post-calibration done by OARS staff). To ensure that samples were representative of the bulk flow of the river in wadeable free-running sections, bottle samples and meter readings were taken from the main flow of the river at mid-depth where possible. Ten percent of the samples taken were duplicate field samples and 10% were field blanks of distilled water. Table 2, below, summarizes the parameters measured, laboratory methods and equipment used. Detailed descriptions of sampling methods and quality control measures are available in the *Quality Assurance Project Plan for StreamWatch: OAR's Water Quality and Quantity Monitoring Program* (OAR 2009a, approved 7/20/09) and *Quality Assurance Project Plan for OAR's Lower Sudbury River Water Quality Monitoring Program* (OAR 2009b, approved 8/14/09), and the *Quality Assurance Project Plan for OARS' Water Quality and Quantity Monitoring Program* (OARS 2013, approved June 2013).

**Table 2: Sampling and Analysis Methods**

Parameter	Analysis Method #	Equipment Range/ Reporting Limits	Sampling Equipment	Laboratory
Temperature	---	-5 – 45 degrees C	YSI 6000-series	---
pH	---	0 to 14 units	YSI 6000-series	---
Dissolved oxygen	---	0 - 50 mg/L	YSI 6000-series	---
Conductivity	---	0 to 1000 $\mu$ S/cm	YSI 6000-series	---
Total Suspended Solids	SM 2540D	1 mg/L	bottle	Nashoba Analytical
Total Phosphorus	SM4500-P-E	0.01 mg/L	bottle	Nashoba Analytical
ortho-Phosphate	SM4500-P-E	0.01 mg/L	bottle	Nashoba Analytical
Nitrates	EPA 300.0	0.05 mg/L	bottle	Nashoba Analytical
Ammonia	SM4500-NH3-D	0.1 mg/L	bottle	Nashoba Analytical
Chlorophyll – <i>a</i>	SM 10200 H	2.00 $\mu$ g/L – 100 $\mu$ g/L	bottle	Alpha Analytical

Water quality measurements were compared with the Massachusetts Water Quality Standards (MA DEP, 2013). All segments of the Assabet are designated Class B/warm water fisheries. The Concord River from the confluence of the Assabet and Sudbury to the Billerica drinking water withdrawal is designated Class B warm water fishery/treated drinking water supply. From the Billerica withdrawal to Rogers Street in Lowell, the Concord is designated Class B warm water fishery and the last segment (below OARS' last sampling site) from Rogers Street in Lowell to its confluence with the Merrimack which is designated Class B (CSO)/warm water fishery. The Sudbury River from the outlet of Cedar Swamp Pond to Fruit Street, Hopkinton (not monitored as part of this project) is designated Class B/Outstanding Resource Water. From Fruit Street to the outlet of Saxonville Pond, Framingham, the Sudbury is designated Class B/warm water fishery. From the outlet of Saxonville Pond to its confluence with the Assabet, the Sudbury is designated Class B/aquatic life. All of the tributary streams assessed in this project are designated Class B waters. (For a full list of SuAsCo stream segment designations, see Appendix I.)

The MA Division of Fisheries and Wildlife lists 34 tributary streams in the basin as Coldwater Fisheries Resources and MA DEP designates two tributary streams (an unnamed tributary of the Assabet River and the upper portion of Jackstraw Brook) as cold water fisheries. Since these and other tributary streams support or have supported cold water fisheries (Schlotterbeck 1954) and it is useful to compare tributary dissolved oxygen and temperature measurements with cold water fisheries standards. For nutrient concentrations (where the Massachusetts standard is narrative) results were compared with the EPA “Gold Book” total phosphorus criteria (US EPA, 1986) (Table 3) and with summertime data for Ecoregion XIV subregion 59 streams (US EPA, 2000) (Table 4).

**Table 3: Water Quality Standards and Guidance for Use Support (MA DEP 2013)**

Parameter	Standard / Guidance Class B	Standard / Guidance Class B “Aquatic Life”
Dissolved oxygen	≥ 5.0 mg/l for warm water fisheries ≥ 6.0 mg/l for cold water fisheries	≥5.0 mg/l at least 16 hours of any 24-hour period and ≥ 3.0 mg/l at any time
pH	6.5 – 8.3 inland waters	
Nutrients	“control cultural eutrophication” / Gold Book standard TP < 0.05 mg/L for rivers entering a lake or impounded section	
Temperature	≤28.3° C and Δ < 2.8° C for warm water fisheries ≤20.0° C and Δ < 1.7° C for cold water fisheries	≤29.4 ° C and Δ ≤ 2.8° C
Suspended Solids	“free from floating, suspended and settleable solids in concentrations and combinations that would impair any use assigned to this Class”	
Aesthetics	All surface waters shall be free from pollutants in concentrations or combinations that settle to form objectionable deposits; float as debris, scum or other matter to form nuisances; produce objectionable odor, color, taste or turbidity; or produce undesirable or nuisance species of aquatic life.	

**Table 4: Reference Conditions for Ecoregion XIV (59) Streams (US EPA 2000)**

Nutrient Parameter	Aggregate Nutrient Ecoregion XIV (subregion 59) Reference Conditions* (25th percentile of June - September data)	Aggregate Nutrient Ecoregion XIV (subregion 59) Reference Conditions* (50th percentile of June - September data)
Total Phosphorus	25 µg/L	50 µg/L
Total Nitrogen	0.44 mg/L	0.74 mg/L
NO <sub>2</sub> + NO <sub>3</sub>	0.34 mg/L	0.43 mg/L
Chlorophyll <i>a</i> (Spec A method)	2.00 µg/L **	4.00 µg/L **

\* EPA, 2000

\*\* chlorophyll-a data is available only for subregion 63

### **River Reaches and Tributaries**

All the sites tested for nutrients were in relatively free-flowing sections, where the water column is assumed to be well-mixed. In addition, three sites were added in 2014 for in-situ measurements within impounded sections of the river (ABT-162, ABT-134 and ABT-095). For data analysis, the sites are divided into sections (Table 1): (1) the upper Assabet mainstem, (2) the lower Assabet mainstem, (3) the Concord River mainstem, (4) the Sudbury River mainstem, (4) the Assabet headwater and all tributary sites, and (5) “impounded” sites on the Assabet River (Table 1). Because the headwaters site ABT-312 (Mill Street, Westborough) is upstream of the first wastewater treatment plant discharge, it is reported separately from the other Assabet River mainstem sites. Sites HOP-011 (Hop Brook), NTH-009 (North Brook), DAN-013 (Danforth Brook), ELZ-004 (Elizabeth Brook), NSH-047 (Nashoba Brook in Acton), and NSH-002 (Nashoba Brook) are all on tributaries to the Assabet River; RVM-005 (River Meadow Brook at Lowell) is on the largest tributary to the Concord River. HBS-016 (Hop/Landham Brook in Sudbury), a tributary to the Sudbury River, is reported separately from the other tributaries because it receives the discharge from the Marlborough Easterly wastewater treatment plant. Table 5 lists tributary and mainstem basin characteristics calculated using USGS’s StreamStats program.

**Table 5: StreamStats Drainage Basin Statistics**

Headwater & Tributary Streams	Statistics at Mouth of Tributary <sup>a</sup>				
	Latitude/Longitude at Mouth of Tributary	Drainage Area (sq.mi.)	Stratified Drift Area (sq.mi.)	% area stratified drift	Slope <sup>b</sup> (%)
Assabet at Maynard St., Westboro	42.2741/-71.6322	6.79	1.64	24.15	3.61
Cold Harbor Brook, Northboro	42.3238/-71.6413	6.86	1.97	28.72	5.01
Danforth/ Mill Brook, Hudson	42.3897/-71.5666	7.17	2.06	28.73	3.58
Elizabeth Brook, Stow	42.4217/-71.4776	19.09	6.93	36.30	3.73
Fort Meadow Brook, Hudson	42.3975/-71.5169	6.25	1.76	28.16	3.77
Hop Brook, Northboro/Shrewsbury	42.2887/-71.6449	7.87	2.09	26.56	3.57
Hop Brook, Sudbury	42.3627/-71.3733	22.0	13.4	61.14	2.44
Nashoba Brook, Concord	42.4592/-71.3942	48.05	19.05	39.65	2.29
North Brook, Berlin	42.3576/-71.6188	16.89	4.12	24.39	4.38
River Meadow Brook, Lowell	42.6318/-71.3087	26.32	16.18	61.47	1.91
Mainstem Rivers	Statistics near Mouth of River <sup>a</sup>				
Assabet River, Concord	42.4652/-71.3596	177.81	73.00	41.06	3.01
Sudbury River, Concord	42.4637/-71.3578	162	49.13	30.33	2.52
Concord River, Lowell	42.6351/-71.3015	400.0	197.97	49.49	2.63

<sup>a</sup> Calculated using USGS’s StreamStats program (<http://ststdmamrl.er.usgs.gov/streamstats/>)

<sup>b</sup> Slope is the mean basin slope calculated from the slope of each grid cell in the designated sub-basin.

### Precipitation and Streamflow

Precipitation, and the associated increased stormwater runoff and streamflow changes, are correlated with concentrations of total suspended solids, total phosphorus, and nitrate/nitrites. For the purposes of this project, sampling dates were classified by visual inspection of the hydrograph of the nearest available real-time USGS gage as rising, falling, or flat [hydrograph](#) (Table 6). Note that flow at the Sudbury River gage in Framingham is sometimes affected by dam manipulations upstream. Samples collected on a rising or peak hydrograph are likely to include “first flush” stormwater runoff and the associated pollutants.

Sampling events that were preceded by more than 0.1 inches of rain (the standard definition of a “wet” weather sampling) are highlighted. The April sampling was in flood flows. Rainfall data was downloaded from the National Weather Service’s Worcester Airport station (<http://www7.ncdc.noaa.gov/CDO/cdo>) (Table 6 and Figure 2).

**Table 6: Hydrographic and Precipitation Data 2014**

Sampling Date	Hydrograph at USGS gage			Precip (inches) before sampling day	
	Assabet River at Maynard	Sudbury at Framingham	Concord at Lowell	Precip. (inches) 24 - 48 hrs. before sampling day	Precip. (inches) sampling day (inc. hrs. after sampling)
1&2-Apr-14	peak & falling	falling	rising	3.26	0
18-May-14	rising	peak	rising	1.49	0
15-June-14	falling	falling	rising	0.35	0
20-July-14	flat	flat	falling	0	0
24-Aug-14	flat	flat	flat	0	0
14-Sept-14	flat	flat	flat	0.22	0
16-Nov-14	flat	flat	flat	0.10	0

**Figure 2: NWS Rainfall Data (2014)**

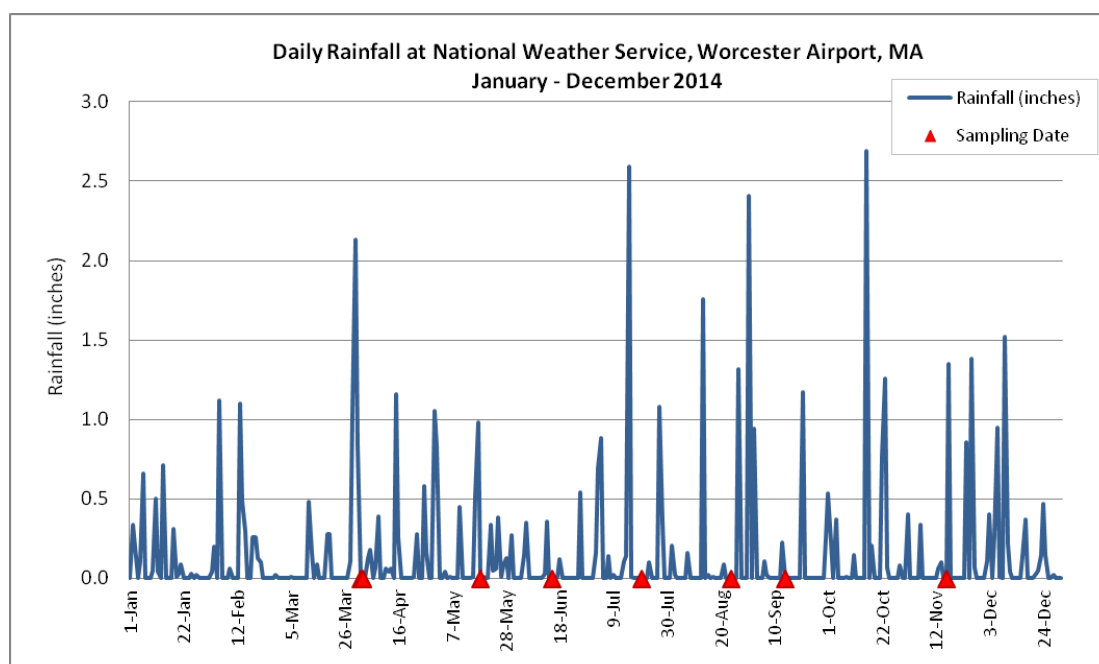
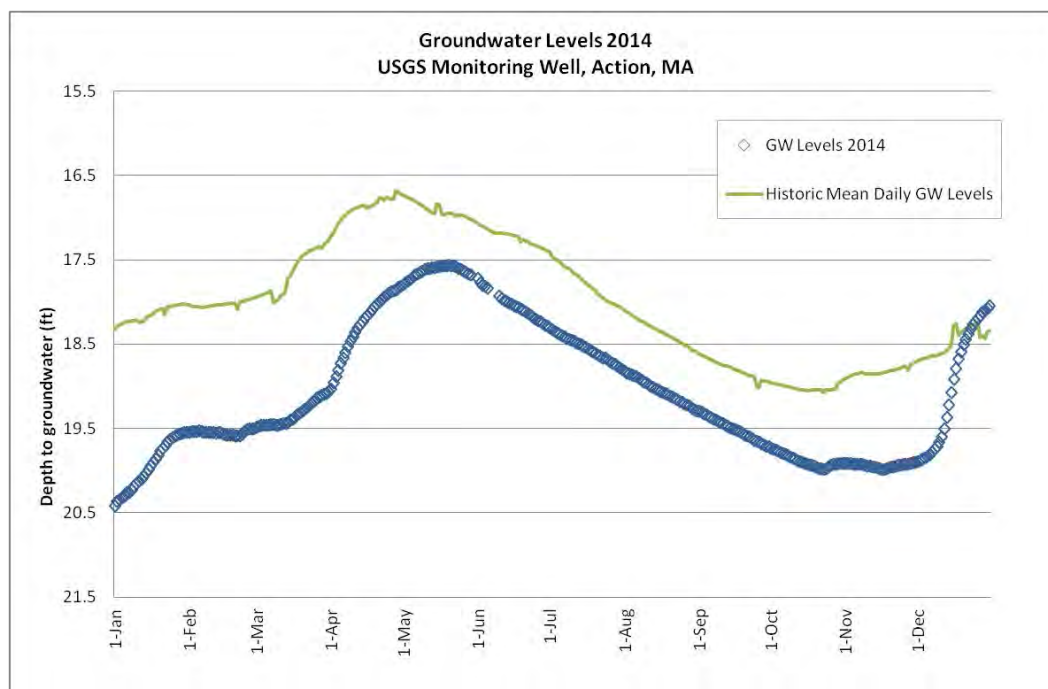


Figure 3 shows groundwater levels from the USGS monitoring well in Acton (USGS 422812071244401 MA-ACW 158 ACTON, MA). Changes in groundwater levels reflect precipitation and evapo-transpiration rates and, in turn, affect baseflow to the streams.

**Figure 3: Groundwater Levels (USGS Monitoring Well Acton, MA)**

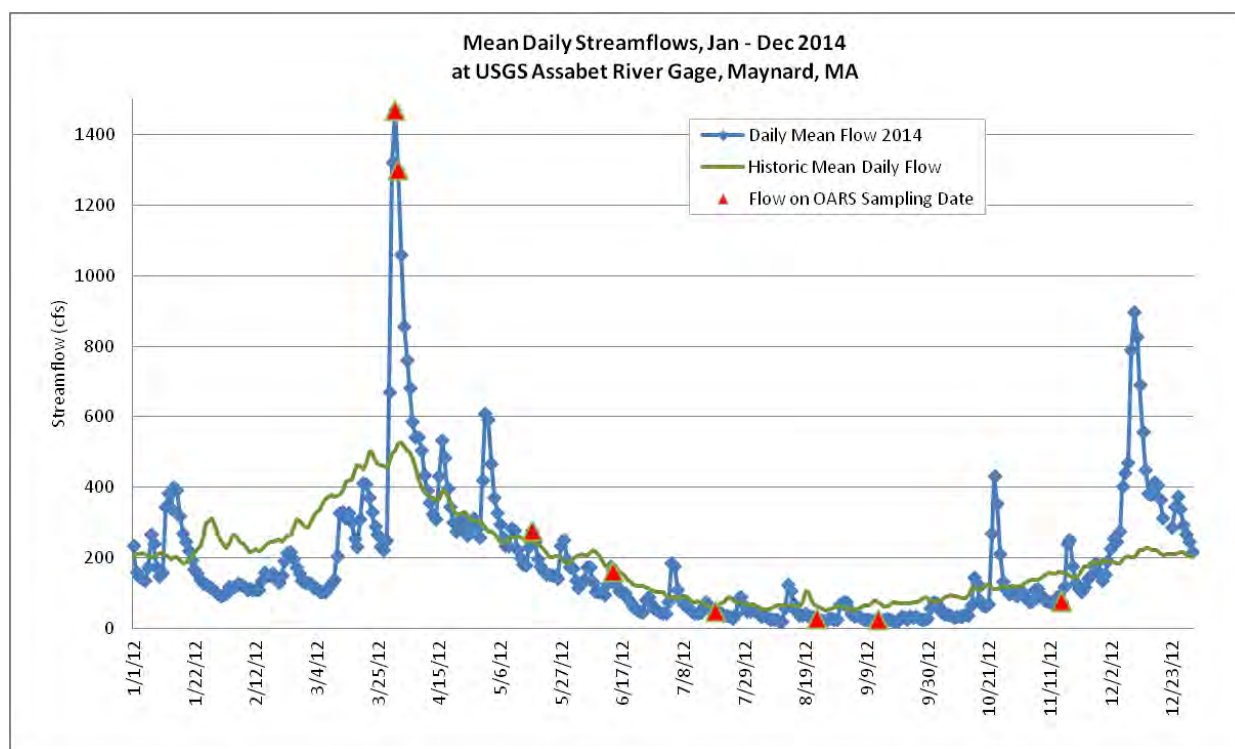


Streamflow has a direct impact on the concentration of nutrients and suspended solids in the water column and the availability of aquatic habitat, and an indirect impact on water temperature, dissolved oxygen concentration, pH, and conductivity. Note that streamflows measured at the Assabet River gage in Maynard include effluent discharges from three of the four municipal wastewater treatment plants on the river. Figure 4 shows mean daily streamflows at the Assabet River gage in Maynard compared with the historic mean of the daily streamflows (calculated on the period of record for the gage) for 2014.

Streamflows at the Assabet River gage were lower than the historic mean for much of 2014 except for high flows at the end of March through April (including the April sampling dates). Hydrographs for the Concord River gage in Lowell, the Sudbury River gage in Saxonville/ Framingham, and the Nashoba Brook gage in Acton (see Appendix II) show similar patterns to the Assabet River's.

Monthly streamflows were also recorded at seven tributary monitoring sites and near the Assabet River headwaters, above the first wastewater discharge (data in Appendix IV).

**Figure 4: Mean Daily Streamflows Assabet River: 2014**



### ***Water Quality Results***

Reach and tributary statistics are summarized in Table 7, below. Individual parameters are discussed below.



Table 7: Mainstem Reach and Tributary Statistics

Reach Statistics 2014 (calculated on 1/2 detection level where sample is Below Detection Limit)															
	Reach	# Sites	statistic	Time	Temp (°C)	DO % Sat	DO Conc (mg/L)	Cond (µS/cm)	pH	TSS (mg/L)	TP (mg/L)	ortho-P (mg/L)	NO3 (mg/L)	NH3 (mg/L)	Chl (µg/L)
1 & 2-April-2014	Upper Assabet Mainstem	1	Single reading	11:20AM	4.27	79.8	10.37	202	---	1.00	<0.01	<0.01	0.47	<0.1	NA
	Lower Assabet Mainstem	2	Median	1:27 PM	3.24	101.2	13.53	161	----	6.25	0.04	0.02	0.61	<0.1	NA
	Sudbury Mainstem	2	Median	9:54 AM	3.88	97.3	12.81	248	6.35	2.75	<0.01	<0.01	0.35	<0.1	NA
	Concord Mainstem	2	Median	10:52AM	4.33	95.6	12.42	207	6.15	7.25	0.03	<0.01	0.42	<0.1	NA
	Headwater & Tribs	7	Median	11:45AM	3.40	99.4	13.30	150	5.98	1.00	<0.01	<0.01	0.36	<0.1	NA
18-May-2014	Upper Assabet Mainstem	1	Single reading	7:22 AM	16.52	84.5	8.24	483	7.15	1	0.05	<0.01	2.5	<0.1	NA
	Lower Assabet Mainstem	2	Median	6:47 AM	18.85	90.4	8.4	475	7.22	5.75	0.04	0.025	1.25	<0.1	NA
	Sudbury Mainstem	5	Median	7:01 AM	18.32	66.1	6.09	453	6.89	7.5	0.02	<0.01	0.14	<0.1	NA
	Concord Mainstem	2	Median	6:46 AM	19.05	85.9	7.96	460	7.24	4.5	0.03	0.013	0.22	<0.1	NA
	Headwater & Tribs	8	Median	7:26 AM	16.89	87.1	8.33	309	7.14	2	0.03	0.020	0.13	<0.1	NA
	Hop Brook, Sudbury	1	Single reading	8:05 AM	16.47	37.1	3.63	357	6.76	1	0.02	0.010	0.3	<0.1	NA
15-June-2014	Upper Assabet Mainstem	3	Median	7:26 AM	17.72	80.1	7.77	534	7.19	3	0.05	0.01	2.30	0.05	NA
	Lower Assabet Mainstem	3	Median	6:32 AM	19.32	92.9	8.53	526	7.34	5	0.05	0.01	1.70	0.05	NA
	Assabet Impounded Sites	3	Median	7:32 AM	18.32	78.5	7.35	525	7.19	NA	NA	NA	NA	NA	NA
	Sudbury Mainstem	5	Median	7:15 AM	19.33	66.0	6.11	434	6.83	4	0.05	0.01	0.12	0.05	7.94
	Concord Mainstem	4	Median	7:17 AM	19.99	77.8	7.16	480	7.22	8	0.06	0.01	0.52	0.05	NA
	Headwater & Tribs	8	Median	7:47 AM	17.27	84.0	7.86	366	7.02	3	0.05	0.01	0.19	0.05	NA
	Hop Brook, Sudbury	1	Single reading	7:42 AM	17.01	25.0	2.41	356	6.55	1.5	0.07	0.02	0.28	0.05	2.97
20-July-2014	Upper Assabet Mainstem	3	Median	7:29 AM	22.33	85.6	7.54	802	7.52	1	0.02	<0.01	3.5	<0.1	NA
	Lower Assabet Mainstem	3	Median	6:34 AM	23.63	87.3	7.38	680	7.68	2	0.02	<0.01	0.85	<0.1	NA
	Assabet Impounded Sites	3	Median	7:34 AM	23.80	97.9	8.26	749	7.53	NA	NA	NA	NA	NA	NA
	Sudbury Mainstem	5	Median	6:45 AM	22.62	71.9	6.09	495	7.11	4.5	0.03	<0.01	0.08	<0.1	5
	Concord Mainstem	4	Median	7:06 AM	24.72	85.8	7.09	544	7.34	8.3	0.07	<0.01	0.37	<0.1	NA
	Headwater & Tribs	8	Median	7:47 AM	20.85	80.4	6.93	441	7.24	6.3	0.04	0.010	0.11	<0.1	NA
	Hop Brook, Sudbury	1	Single reading	7:23 AM	20.25	20.0	1.80	494	6.84	19.5	0.08	0.08	1.1	0.26	7.49

Table 7 (continued)

Reach Statistics 2014 (calculated on 1/2 detection level where sample is BDL)															
	Reach	# Sites	statistic	Time	Temp (°C)	DO % Sat	DO Conc (mg/L)	Cond (µS/cm)	pH	TSS (mg/L)	TP (mg/L)	ortho-P (mg/L)	NO3 (mg/L)	NH3 (mg/L)	Chl (µg/L)
24-August-2014	Upper Assabet Mainstem	3	Median	7:13 AM	20.01	80.7	7.3	906	7.55	3	0.05	<0.01	6.1	<0.1	NA
	Lower Assabet Mainstem	3	Median	6:41 AM	20.47	85.2	7.67	673	7.78	0.5	0.02	<0.01	1	<0.1	NA
	Assabet Impounded Sites	3	Median	7:19 AM	21.33	100.1	8.84	815	7.78	NA	NA	NA	NA	NA	NA
	Sudbury Mainstem	5	Median	7:00 AM	20.04	79.4	7.07	543	7.15	6	0.01	<0.01	0.11	<0.1	5.17
	Concord Mainstem	4	Median	7:19 AM	21.69	105.1	9.24	580	7.51	8	0.03	<0.01	0.58	<0.1	NA
	Headwater & Tribs	8	Median	7:42 AM	18.32	78.4	7.33	421	7.30	2	0.02	<0.01	0.18	<0.1	NA
	Hop Brook, Sudbury	1	Single reading	7:30 AM	17.48	35.6	3.35	430	6.91	2	0.04	0.03	0.37	<0.1	7.82
14-Sept-2014	Upper Assabet Mainstem	1	Single reading	8:21 AM	18.66	89.7	8.59	856	7.71	1	0.01	<0.01	12	<0.1	NA
	Lower Assabet Mainstem	2	Median	7:16 AM	17.63	81.6	7.76	676	7.58	0.5	<0.01	<0.01	1.13	<0.1	NA
	Sudbury Mainstem	5	Median	7:14 AM	17.45	81.1	7.69	542	6.99	5	0.01	<0.01	0.1	<0.1	NA
	Concord Mainstem	2	Median	7:09 AM	18.58	88.7	8.28	617	7.59	3.5	0.01	<0.01	1.24	<0.1	NA
	Headwater & Tribs	8	Median	7:34 AM	15.59	75.6	7.51	419	7.06	4	0.01	<0.01	0.14	<0.1	NA
	Hop Brook, Sudbury	1	Single reading	7:32 AM	14.73	35.8	3.63	442	6.7	14	0.07	0.05	0.45	<0.1	NA
16-Nov-2014	Upper Assabet Mainstem	1	Single reading	9:12 AM	11.92	85.4	9.14	945	7.32	2	0.06	<0.01	10.7	<0.1	NA
	Lower Assabet Mainstem	2	Median	8:22 AM	4.99	109.0	13.86	422	7.38	0.8	<0.01	<0.01	1.8	<0.1	NA
	Sudbury Mainstem	2	Median	7:38 AM	5.79	92.2	11.51	368	7.04	1.3	0.02	<0.01	0.21	<0.1	NA
	Concord Mainstem	2	Median	8:13 AM	5.31	94.4	11.91	381	6.85	2	0.05	<0.01	0.75	<0.1	NA
	Headwater & Tribs	7	Median	8:47 AM	2.79	93.5	12.38	238	7.14	1	<0.01	<0.01	0.19	<0.1	NA

NA = not sampled / not recorded

--- = data censored

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### ***Water Temperature, pH, and Conductivity***

In-situ readings (including dissolved oxygen, water temperature, pH, and conductivity) in the summer months (May to Sept) were taken between about 5:30 am and 9:00 am, when dissolved oxygen concentrations are expected to be at their lowest for the day. Readings during the non-growing season (November and March) were taken between 8:00 am and 1:30 pm. Summary statistics for all in-situ readings are in Table 7 (above) and full data set is in Appendix IV.

Water temperatures at all sites met Class B warm water fisheries standard (28.3°C) on all of the regular testing dates in 2014.

Many of the tributary streams support or have supported cold water fisheries; therefore, tributary and headwater temperature readings are compared with the cold water standard (20.0°C). The recommended single-reading maxima for brook trout is 20.0°C and for brown trout is 23.9°C. In 2014, the headwater and tributary sites tested had water temperatures were below 20.0°C on all dates tested except July; in July only Danforth Brook was below 20.0°C and the other sites were between 20.0°C and 23.9°C.

The pH readings in ranged from 5.98 to 8.01 SU in 2014, with four sites falling below the Class B standards in April and one site in May; however, note that one meter's pH probe failed post-field calibration check in April, so pH data for 10 sites in April was censored. Additional morning measurements in the Hudson Impoundment of the Assabet River on August 6<sup>th</sup> showed three pH readings above 8.3.

Conductivity is an indirect indicator of pollutants such as effluent, non-point source runoff (especially road salts) and erosion. EPA (<http://water.epa.gov/type/rsl/monitoring/vms59.cfm>) studies of inland fresh waters indicate that streams supporting good mixed fisheries have a range between 150 and 500 µS/cm. The range of mainstem conductivity readings was from 156 µS/cm to 1192 µS/cm in 2014 with the highest reading at Route 9 (ABT-301) in July. For 2014 among the tributary streams, conductivity ranged from 103 – 1194 µS/cm: the lowest reading (98 µS/cm) was recorded at Danforth Brook in March; highest readings were recorded at RVM-005 in September (1194 µS/cm).

### ***Dissolved Oxygen***

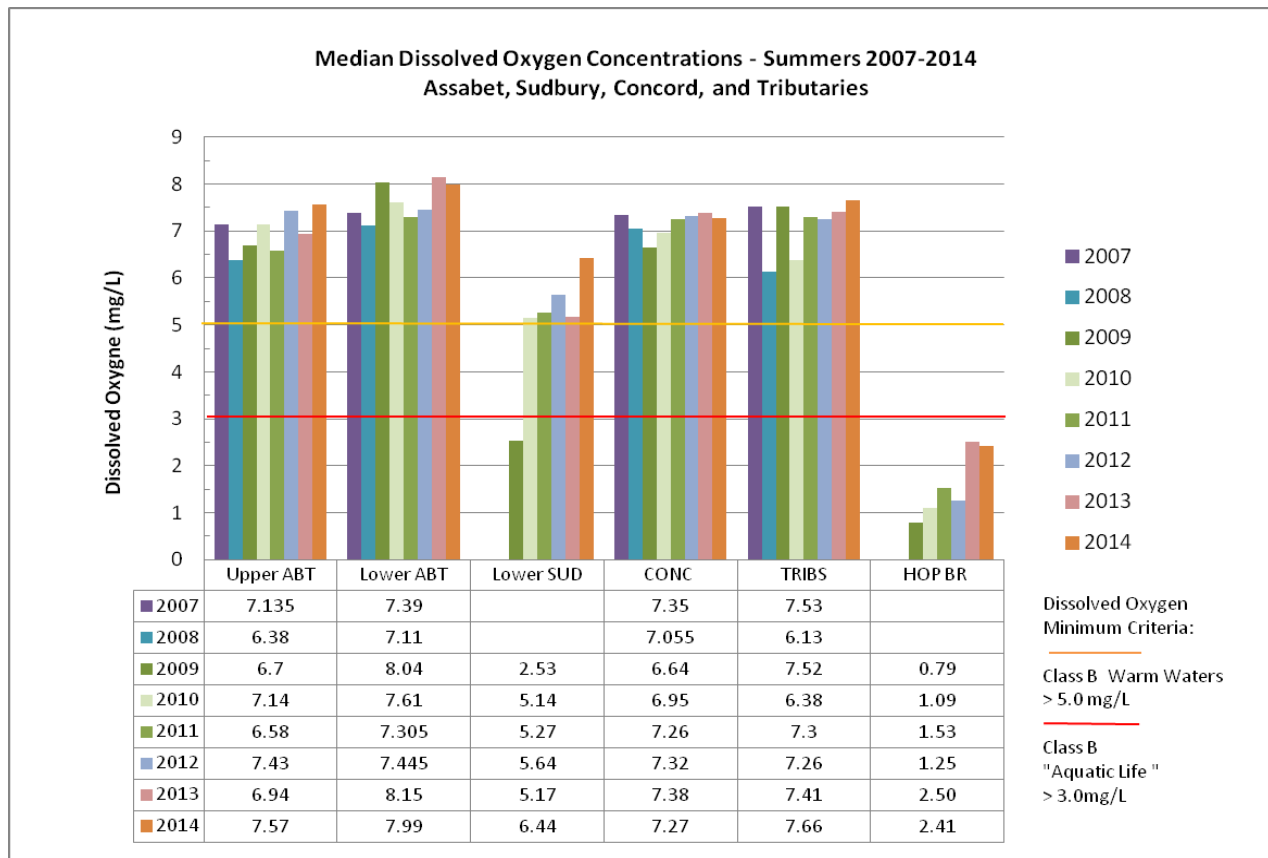
Dissolved oxygen (DO) concentrations during the growing season are generally lowest between 5am and 8am after plant and microbial respiration has removed oxygen from the water column overnight. Low minimum DO concentrations and large diurnal variations in DO can indicate eutrophic conditions. Summary statistics for DO readings are in Table 6 and full data are in Appendix I. DO readings at the “impounded” sites (ABT-162, ABT-134, and ABT-095) were not substantially different from readings up and downstream of those sections. Water quality standards (WQS) violations (<5.0 mg/L for Class B; < 3.0 mg/L for Class B Aquatic Life for mainstem Sudbury sites) observed during the regular sampling are listed in Table 8. Note that low DO measurements may not constitute a violation of WQS if caused by natural conditions.

**Table 8: Dissolved Oxygen Violations**

Dissolved Oxygen Violations of WQS 2014		
Date	Site	Dissolved Oxygen (mg/L)
5/18/2014	HBS-016	3.63
6/15/2014	HBS-016	2.41
7/20/2014	HBS-016	1.80
8/24/2014	ELZ-004	4.68
8/24/2014	HBS-016	3.35
9/14/2014	ELZ-004	3.80
9/14/2014	HBS-016	3.63

For comparison between years and sections, Figure 5 shows median summer (June, July, and August) dissolved oxygen measurements for mainstem and tributary sections in 2009 - 2014. Hop Brook at Landham Road, Sudbury, has consistently low dissolved oxygen concentrations. The orange line indicates the Class B water quality standard (5.0mg/l) and the red line indicates the Class B Aquatic Life water quality standard (3.0mg/L). Note that these measurements are taken in free-flowing sections; dissolved oxygen in the impounded section would likely be lower.

**Figure 5: Median Dissolved Oxygen Measurements (Summers 2009 – 2014)**



### ***Additional Dissolved Oxygen Readings – July 2014***

To investigate dissolved oxygen levels in the shallow, backwater sections of the Assabet River's Hudson impoundment (Fig. 6) additional readings were taken on August 6th between 6:00 and 8:00am. (Full data in Appendix V)

Dissolved oxygen concentrations were found to be in violation of Class B standards (5.0 mg/L) in a shallow (<1 ft depth) section of the impoundment with heavy filamentous green algae cover, while readings in the deeper (>2ft) sections were largely over 5.0 mg/L.

Figure 7 shows dissolved oxygen readings and water depths (in the white labels). Figure 8, from Google Maps Digital Globe images, clearly shows the extent of the plant coverage on the impoundment and the open water of the main channel. The shallow backwater sections of the impoundment were heavily overgrown with filamentous green algae, coontail, and Elodea.

**Figure 6: Backwater of Hudson Impoundment, 8/ 6/14**



Assabet River, Hudson Impoundment  
August 6, 2014 6:30AM - 8:30AM

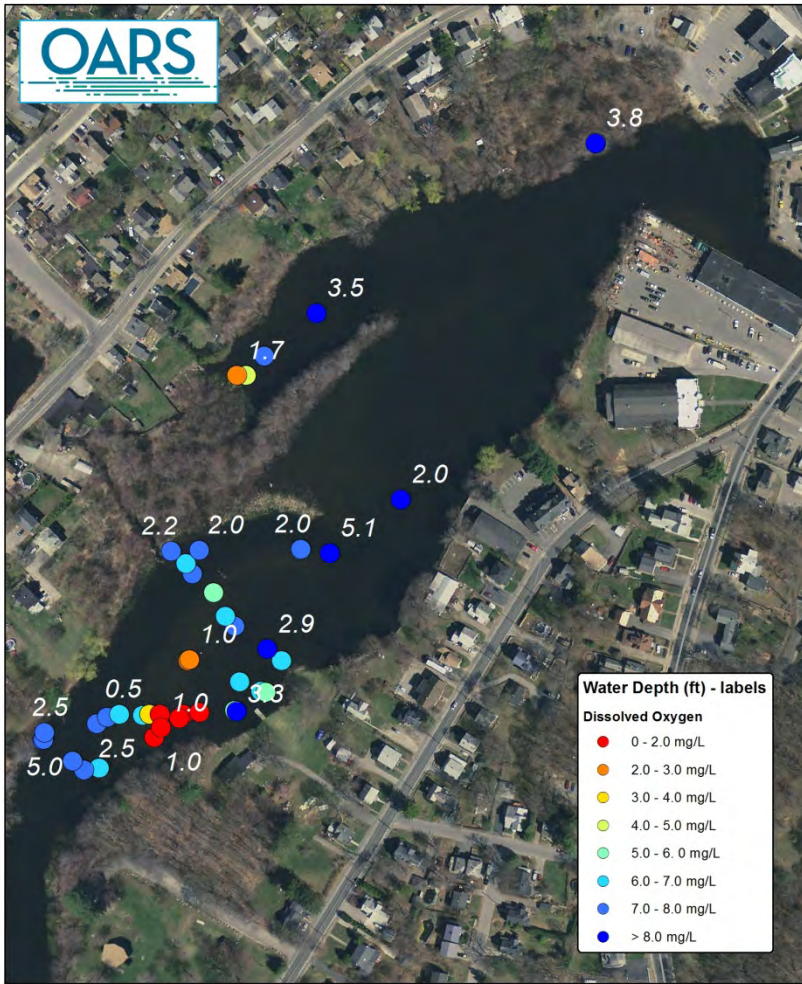


Figure 7: Dissolved Oxygen, Assabet River Hudson Impoundment, 8/6/14

Figure 8: Hudson Impoundment from Google Maps & Digital Globe 2015

White outline indicates the approximate edge of the river; green areas inside the white outline are floating aquatic plant growth (algae and duckweed mainly).



**Nutrients and Suspended Solids**

Summary statistics for nutrient concentrations are in Table 7 (pages 12 -13). Median summer nutrient concentrations are shown (Figures 9 and 10) for the upper and lower Assabet mainstem reaches (see Table 1 for reach definitions), Sudbury mainstem sites, Concord mainstem sites, combined Assabet headwaters and tributary sites, and Hop Brook in Sudbury. This analysis includes all the sites sampled in 2014 (not just the long-term sites used in the trend analysis, below).

In 2014, the median summer TP concentration of all the Assabet River mainstem sites below the first wastewater discharge (Westborough WWTP) was 0.03mg/L (below the EPA “Gold Book” recommendation, but slightly above the Ecoregion reference condition for TP). The median summer NO<sub>3</sub> concentration of all the Assabet mainstem sites was 1.80mg/L, five times the Ecoregion reference condition.

The median summer TP concentration in the Concord River mainstem was 0.05 mg/L (above the Ecoregion reference condition, but at the EPA “Gold Book” recommendation.) The median summer nitrate concentration was 0.50mg/L, slightly above the recommended concentration.

The median summer TP concentration in the Sudbury River (0.05 mg/L) and in the tributaries (0.04 mg/L) of all three rivers (excluding Hop Brook, Sudbury) were slightly elevated. Hop Brook, Sudbury, which is affected by the wastewater discharge from Marlborough Easterly WWTP, and had a median summer TP concentration (0.07 mg/L) above both the “Gold Book” recommended concentration and the Ecoregion reference condition for total phosphorus.

**Figure 9: Median Total Phosphorus Concentrations (Summers 1999- 2014)**

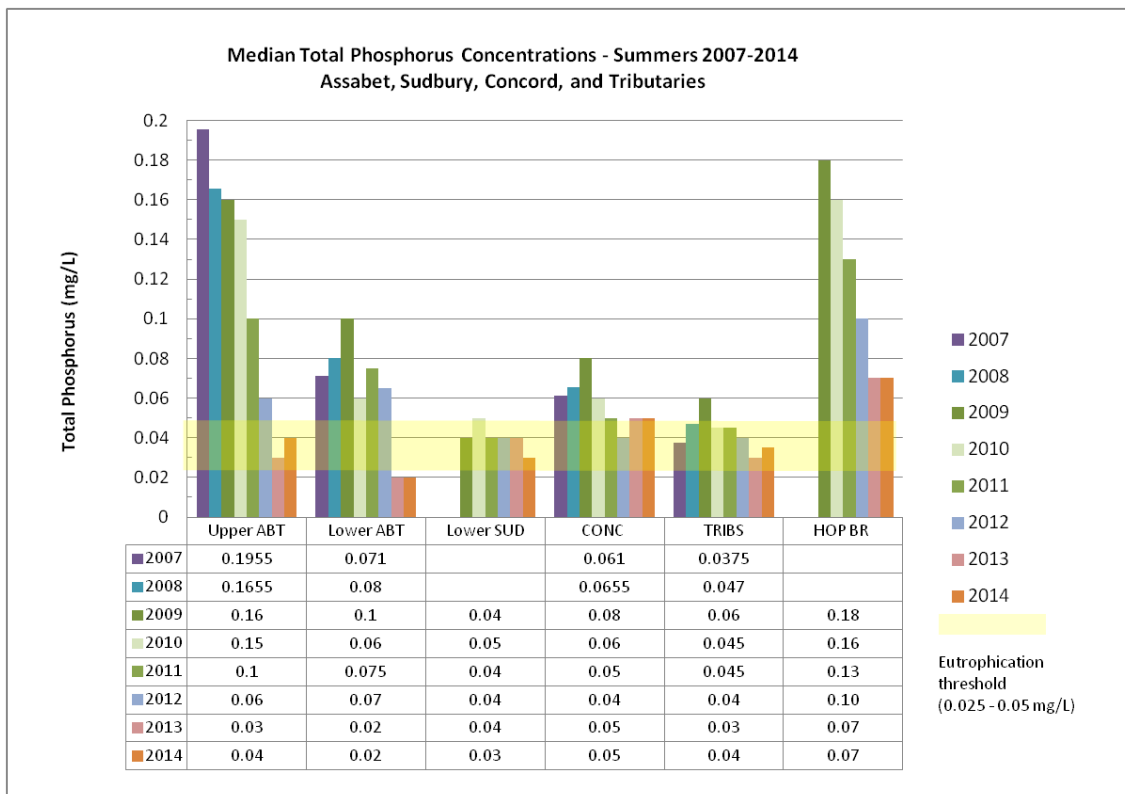
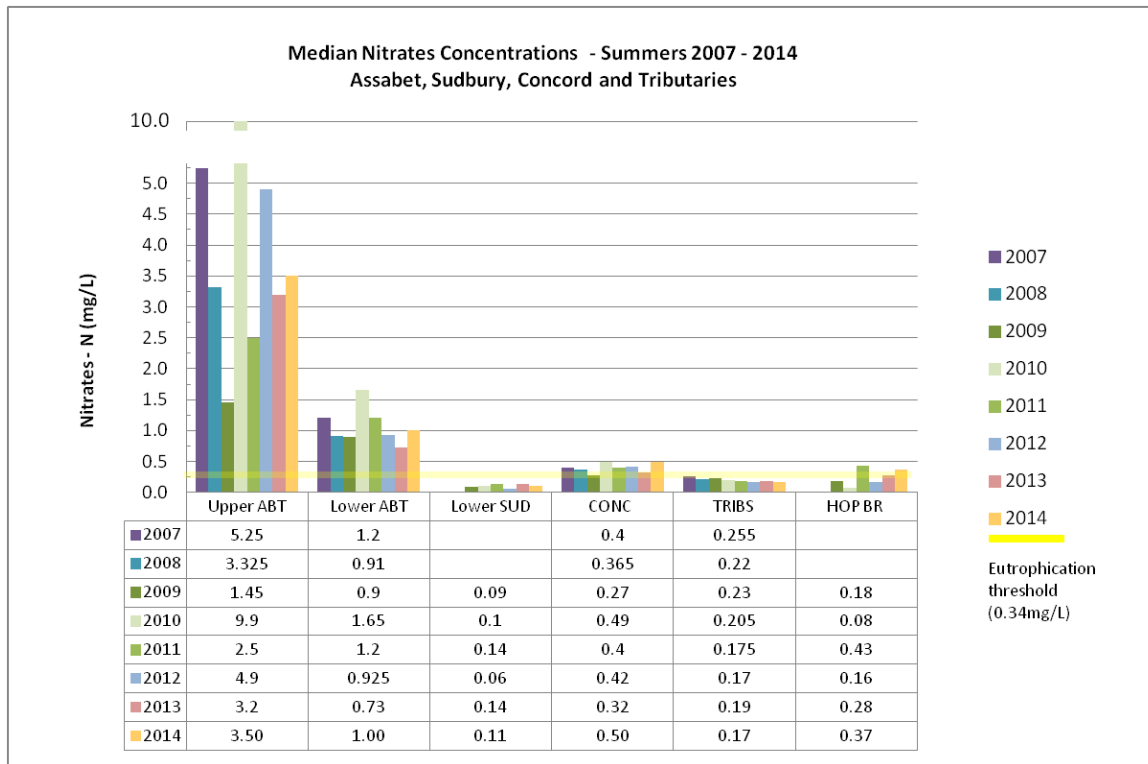


Figure 10: Median Nitrate Concentrations (Summers 2009- 2014)



### *Chlorophyll a*

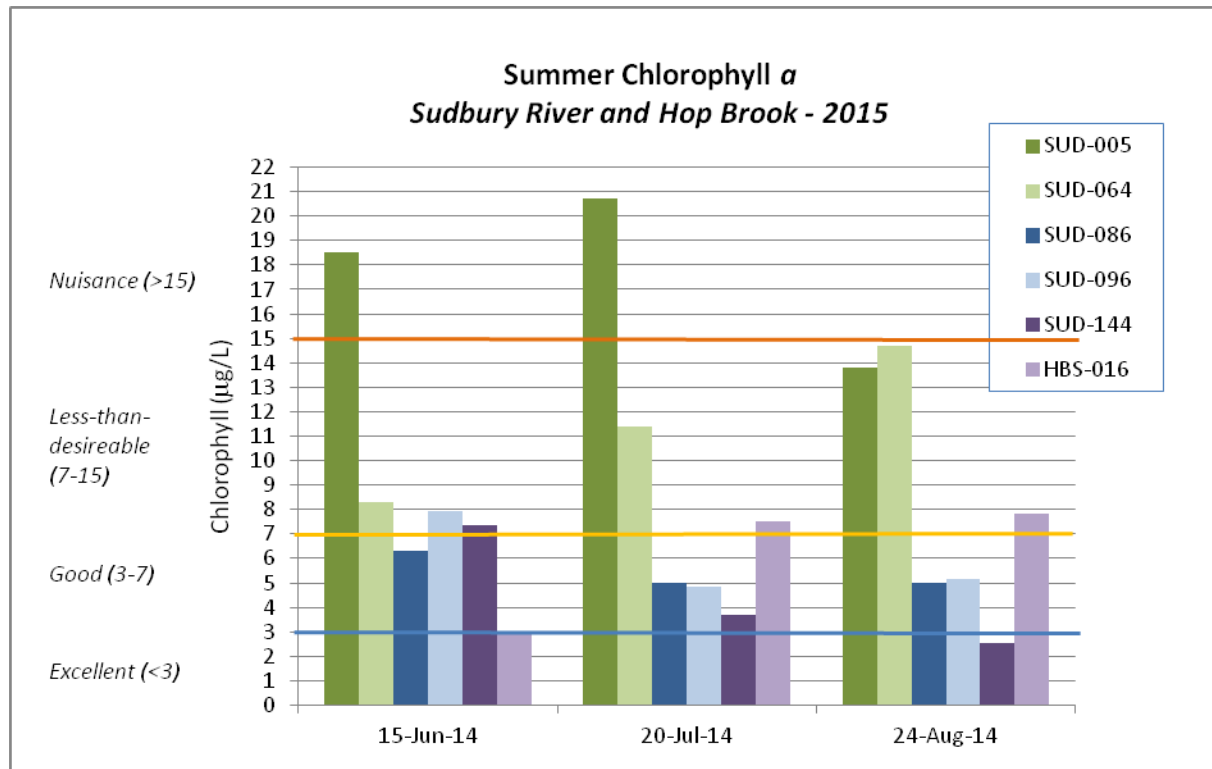
Chlorophyll *a* is the principle photosynthetic pigment in algae and vascular plants; chlorophyll *a* concentrations gives an estimate of the biomass of planktonic algae in the river and is one indicator of eutrophication. Rivers, like the Assabet, whose vegetation is dominated by larger rooted and floating aquatic plants may have low chlorophyll *a* concentrations although they are eutrophied. There is no numeric standard for chlorophyll in Massachusetts waters. The New Hampshire Department of Environmental Services categorizes chlorophyll *a* concentrations in rivers as follows ([http://www2.des.state.nh.us/OneStop/docs/river\\_parm\\_desc.pdf](http://www2.des.state.nh.us/OneStop/docs/river_parm_desc.pdf)) :

Table 9: NH Chlorophyll Categories

Chlorophyll <i>a</i> Categories	
< 3 µg/L	Excellent
3 – 7 µg/L	Good
7 – 15 µg/L	Less than desirable
> 15 µg/L	Nuisance

Chlorophyll *a* was measured on the Sudbury River and Hop Brook/Sudbury, in June, July, and August. (The Concord and Assabet Rivers are not sampled for chlorophyll *a*.) Concentrations ranged from 2.52 to 20.0 µg/L with most readings in the “good” to “excellent” range. The highest readings, falling into the “nuisance” range, were at the downstream-most Sudbury site, SUD-005 (18.5µg/L in June and 20.0 µg/L in July 2014).



Figure 11: Chlorophyll-*a* at Sudbury River Sites

### Summer Nutrient Trends 1992 - 2014

Summer (June, July, and August only) trends in nutrient concentrations in the two most-stable nutrient parameters (total phosphorus and nitrates) for the longest term sites was extended to include 2014. Sites that are less than 0.1 river miles apart and where there are no significant changes (e.g. tributaries joining) were considered the same. Box plots for Assabet River sites are shown for 1995 – 2014 (omitting 1992-1994 data because of graphing software limitations).

**Table 10: Sites for Nutrient Trends Analysis**

Section	Sites	Years Sampled
Assabet Headwater	ABT-311 & ABT-312	1992-2011; 2012 - 2014
Upper Assabet	ABT-301	1992 – 2014
	ABT-238 & ABT-237	1992 – 2005; 2006-2014
Middle Assabet	ABT-144*	1992 – 2014
Lower Assabet	ABT-077	1992-2014
	ABT-026	1992-2014
Tributary Streams	HOP-011	2002-2014
	NTH-009	2002-2014
	DAN-013	2002-2014
	ELZ-004	2002-2014
	NSH-002	1995-2014

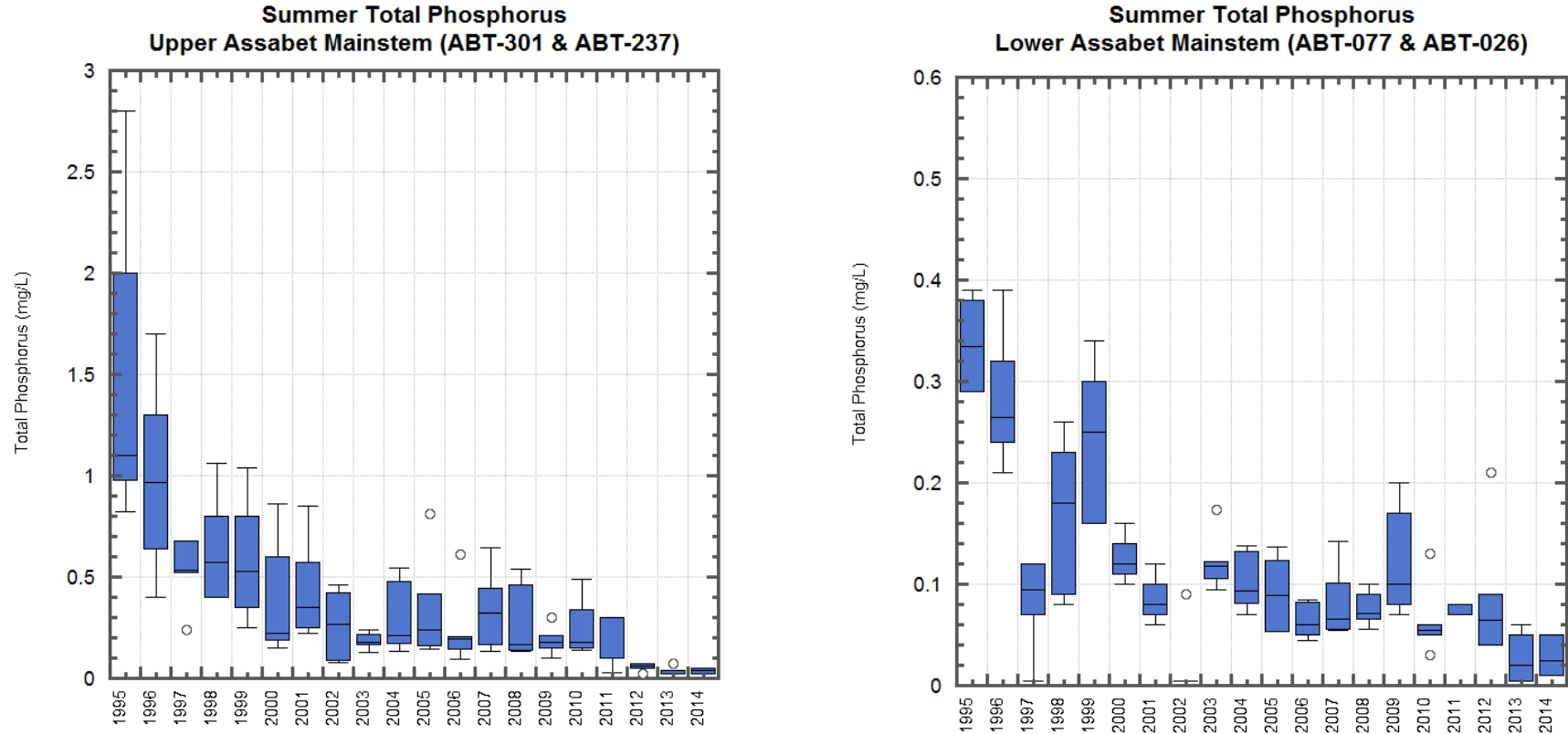
\* ABT-144 site was moved from above to below the Gleasondale dam in 2002

Total phosphorus in the upper and lower Assabet River mainstem sites is shown in Figure 12 (note that the y-axis scale is different in the two graphs). Nitrate concentrations for the upper and lower Assabet River mainstem sites are shown in Figure 13. Total phosphorus and nitrate concentrations in the Assabet headwater site and five tributaries of the Assabet River are shown in Figures 14 and 15. The last of the wastewater treatment plant upgrades (needed, in part, to meet the lower phosphorus discharge limits stipulated in their 2005 permits) were completed by the spring of 2012.

The statistical significance of apparent summer trends in water quality were evaluated using a single season Mann-Kendall test (Helsel, 2006) computed on concentration and on flow-weighted concentration (using a locally weighted scatterplot smooth; LOWESS) and two date ranges (“all dates” 1993 - 2014 and “late” 1999 - 2014) where sufficient data were available. Assabet River streamflows from the USGS Assabet River gage in Maynard were used for the LOWESS smooth. The test statistics are shown below each figure. (Full test statistics are in Appendix VI). Results were deemed significant for  $p < 0.05$  with absolute value of Kendall tau  $> 0.20$ .

Statistically significant trends included: decreasing total phosphorus concentrations in the Assabet River (upper and lower sections) for both date ranges assessed; increasing nitrate concentrations in the upper and lower Assabet for the whole date range assessed and in flow-weighted concentrations in the Upper Assabet in the later date range; decreasing nitrate concentrations in the tributaries and the Assabet headwater site. No significant trends were found in dissolved oxygen or in streamflow at the Assabet River USGS gage on sampling dates.

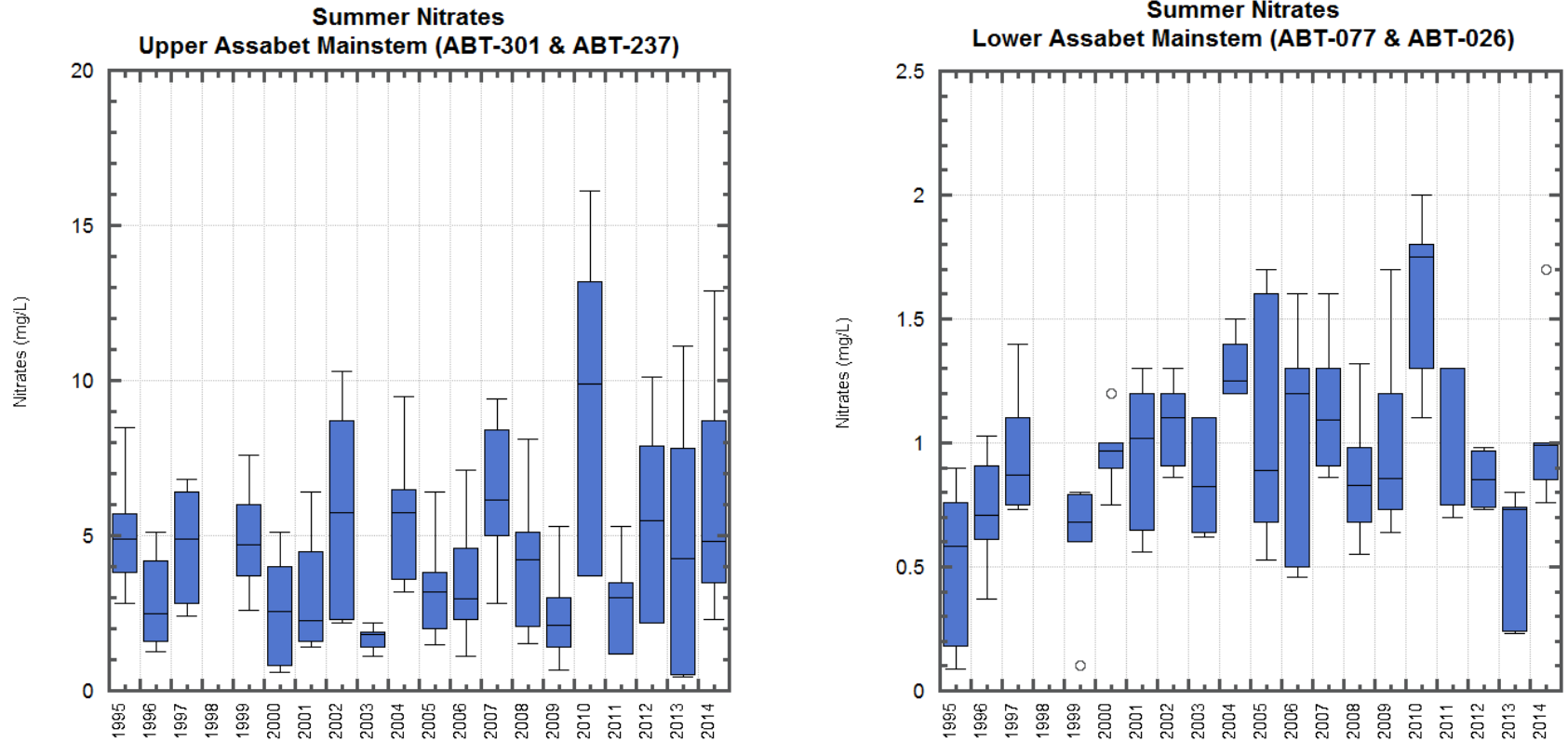
Figure 12: Summer Total Phosphorus in Upper and Lower Assabet Mainstem



		Total Phosphorus - Mann-Kendall test statistics											
Section	Type	All dates						Late					
		years	tau	s	z	p	Trend	years	tau	s	z	p	Trend
Upper ABT	conc.	1993-2014	-0.618	-5182	-10.4	0.0000	down	1999-2014	-0.49	-2234	-7.071	0.0000	down
Upper ABT	flow-weighted	1993-2014	-0.538	-4507	-9.07	0.000	down	1999-2014	-0.421	-1922	-6.082	0.0000	down
Lower ABT	conc.	1993-2014	-0.554	-4787	-9.42	0.000	down	1999-2014	-0.409	-1863	-5.902	0.0000	down
Lower ABT	flow-weighted	1993-2014	-0.505	-4368	-8.59	0.000	down	1999-2014	-0.402	-1834	-5.803	0.0000	down

NST = no significant trend

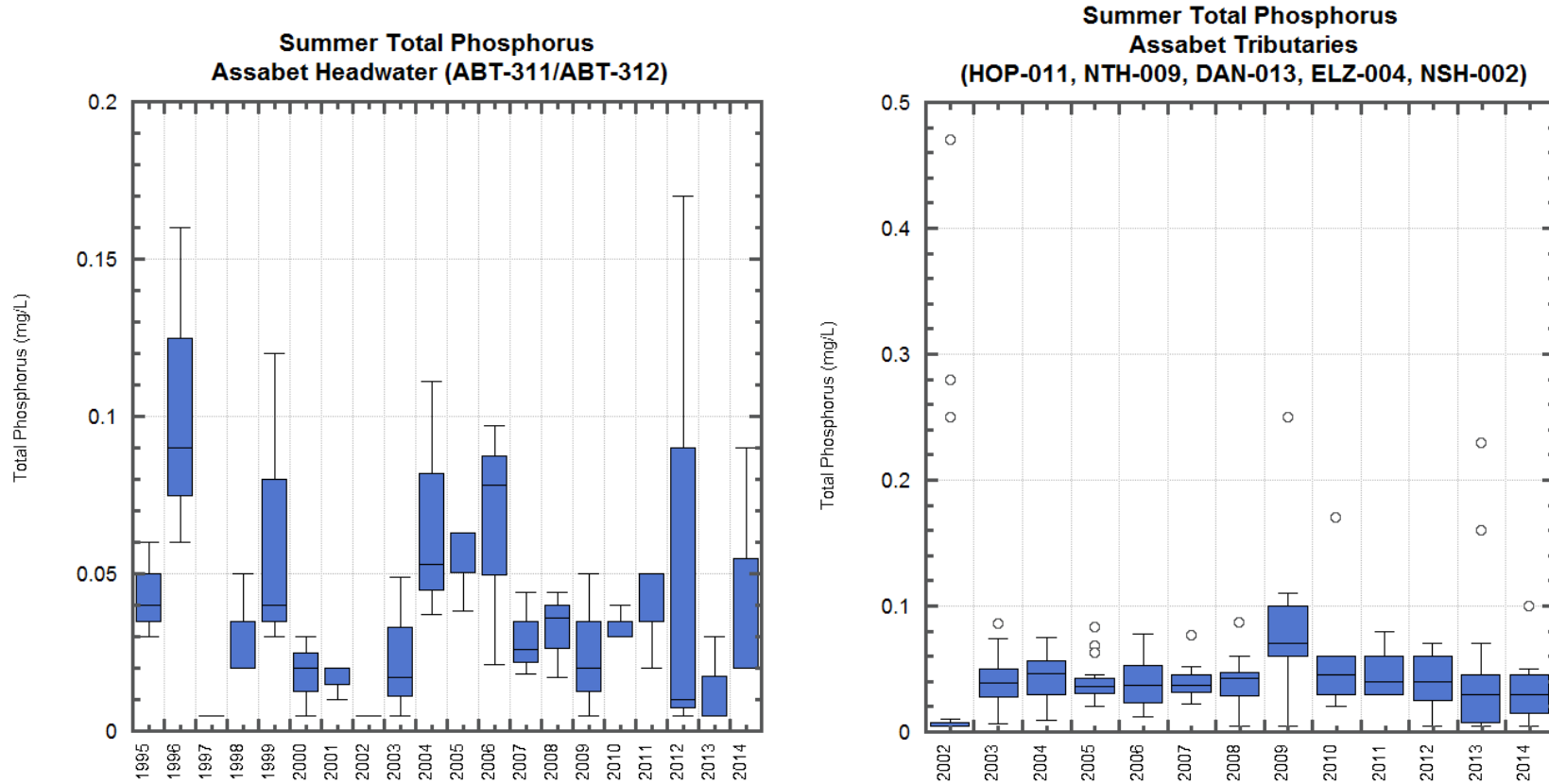
Figure 13: Summer Nitrates in Upper and Lower Assabet Mainstem



Section	Type	Nitrates - Mann-Kendall test statistics											
		All dates						Late					
		years	tau	s	z	p	Trend	years	tau	s	z	p	Trend
Upper ABT	conc.	1993-2014	0.093	639	1.485	0.1377	NST	1999-2014	0.112	513	1.621	0.1049	NST
Upper ABT	flow-weighted	1993-2014	0.239	1649	3.834	0.0001	upward	1999-2014	0.264	1206	3.815	0.0001	upward
Lower ABT	conc.	1993-2014	0.180	1286	2.918	0.0035	upward	1999-2014	0.065	298	0.942	0.3463	NST
Lower ABT	flow-weighted	1993-2014	0.206	1468	3.328	0.0009	upward	1999-2014	0.089	404	1.276	0.2020	NST

NST = no significant trend

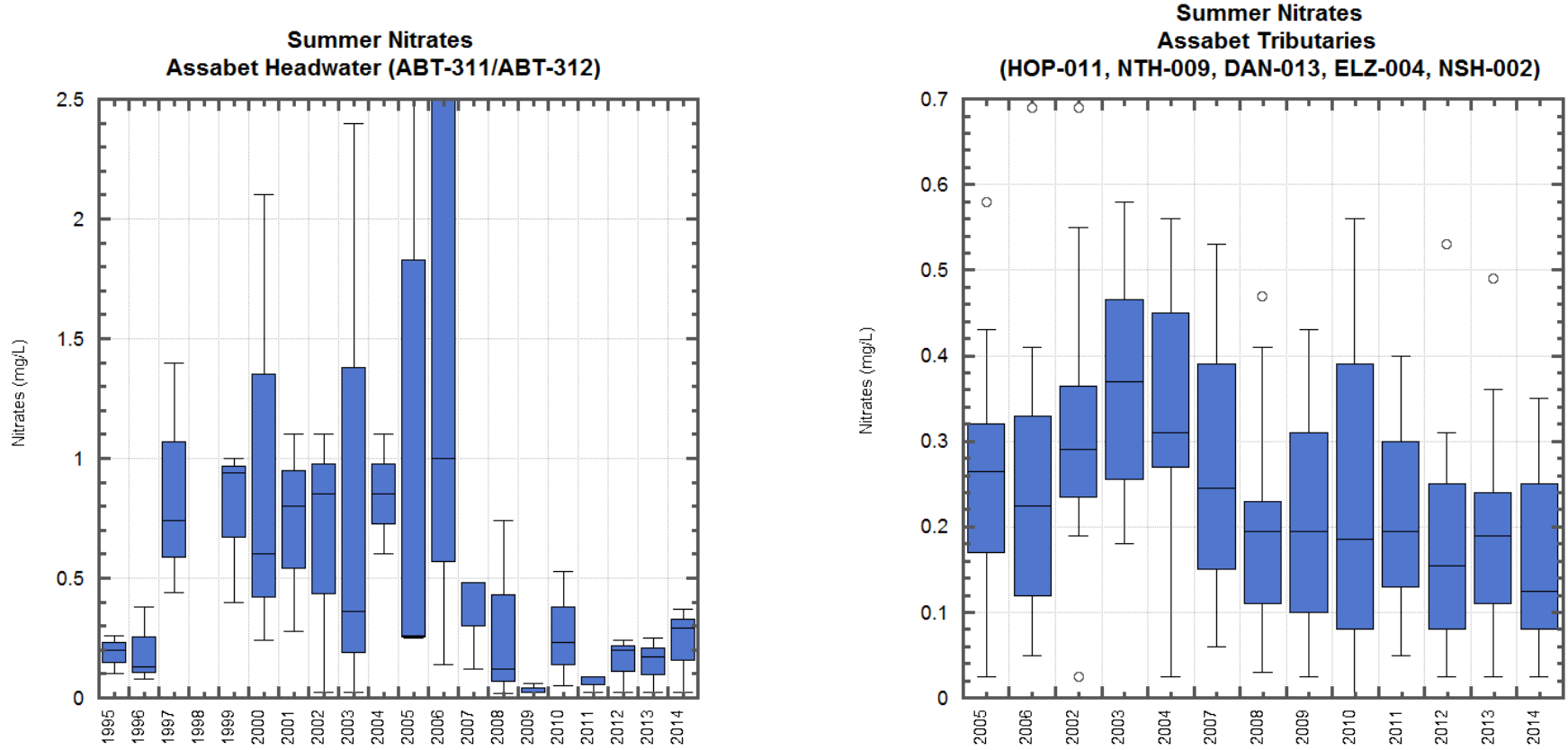
Figure 14: Summer Total Phosphorus at Assabet Headwater & Tributaries



		Total Phosphorus - Mann-Kendall test statistics												
Section	Type	All dates							Late					
		years	tau	s	z	p	Trend	years	tau	s	z	p	Trend	
Headwater ABT	conc.	1993-2014	-0.014	-40	-0.18	0.8577	NST	1999-2014	0.007	11	0.069	0.9451	NST	
Headwater ABT	flow-weighted	1993-2014	0.027	75	0.339	0.7349	NST	1999-2014	-0.001	-2	-0.007	0.9945	NST	
Tributaries	conc.							1999-2014	0.028	537	0.58	0.5620	NST	
Tributaries	flow-weighted							1999-2014	0.071	1379	1.49	0.1362	NST	

NST = no significant trend

Figure 15: Summer Nutrients at Assabet Headwater Site and Tributaries

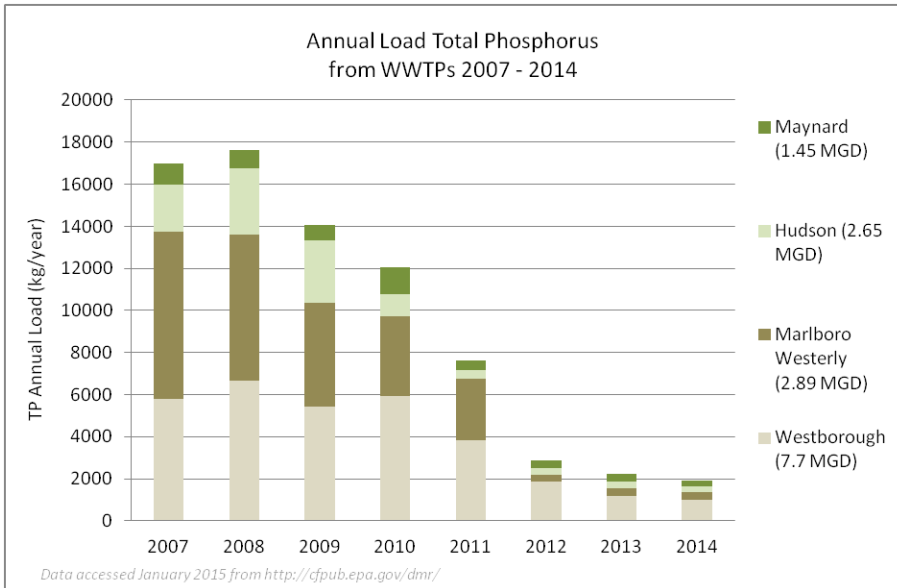


Nitrates - Mann-Kendall test statistics

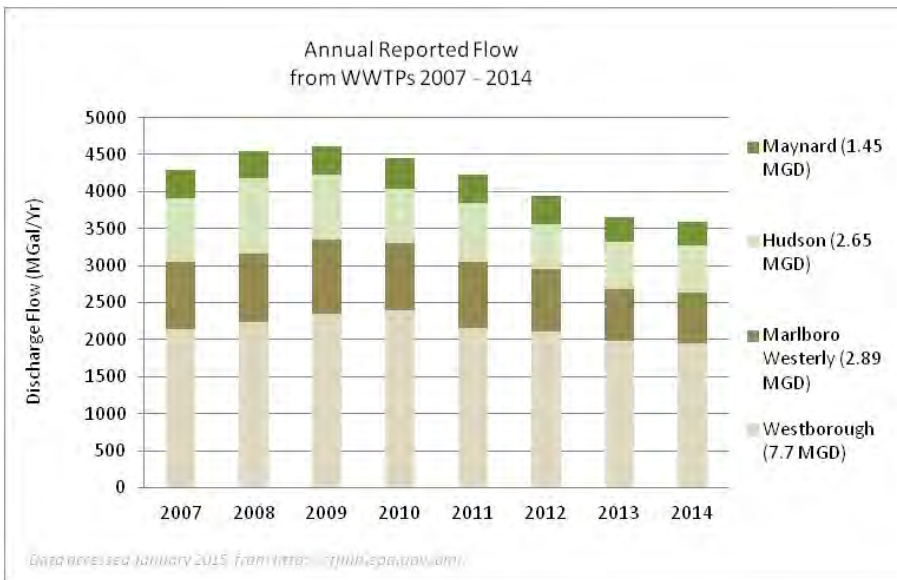
Section	Type	All dates						Late					
		years	tau	s	z	p	Trend	years	tau	s	z	p	Trend
Headwater ABT	conc.	1993-2014	-0.206	-484	-2.51	0.0122	down	1999-2014	-0.34	-543	-3.741	0.0002	down
Headwater ABT	flow-weighted	1993-2014	-0.178	-418	-2.16	0.0307	down	1999-2014	-0.444	-709	-4.876	0.0000	down
Tributaries	conc.							2002-2014	-0.312	-6021	-6.515	0.0000	down
Tributaries	flow-weighted							2002-2014	-0.287	-5541	-5.991	0.0000	down

For comparison, wastewater treatment plant total phosphorus loads from 2007 to 2014 (from EPA's Discharge Monitoring Report (DMR) Pollutant Loading Tool. EPA, 2015) are shown (Figure 16) for the WWTPs discharging to the Assabet River. Improvements in phosphorus removal reduced TP concentrations and total annual loads from the Assabet wastewater treatment plants between 2007 and 2014, while total annual discharge flows decreased slightly (Figure 17).

**Figure 16: Annual Load Total Phosphorus from WWTPs**



**Figure 17: Total Annual Flow from WWTPs**



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### ***Water Quality and Stream Health Index Calculations***

The Stream Health Index was used to assess conditions at seven of the tributary stream sites for each of the monthly sampling results (Table 11). The Water Quality Index (a sub-index of the overall Stream Health Index) was also used to assess water quality at selected mainstem sites (Table 12) and Hop Brook, Sudbury, which don't have streamflow data available.

OARS' Stream Health Index is designed to characterize summertime fish habitat conditions in the small streams of the watershed. A full description of the index is available on the OARS webpage. Briefly, an index brings information from multiple data sources together into a single number, like a grade, that can be understood at a glance. As such, an index is a useful tool in making water quality, habitat and streamflow data accessible to the public and in assessing spatial and temporal trends.

For the Stream Health Index, measurements of streamflow, groundwater levels, channel flow status, dissolved oxygen, temperature, pH, total phosphorus, nitrates, and total suspended solids are scored from 1 (worst) to 100 (best). In 2009, the index calculation was updated to use nitrates (instead of total nitrogen, since TKN is no longer being analyzed) and to include Class B "Aquatic Life" standards for dissolved oxygen and temperature in the Water Quality Index for the Sudbury River mainstem sites. Streamflow data are scored against minimum summertime streamflow recommendations of several standard-setting methods. Water quality metrics are scored against published fish tolerances, Massachusetts surface water quality standards, and EPA criteria. Nutrient concentrations are scored against expected conditions for Ecoregion XIV. Channel flow status is scored using EPA's Rapid Bioassessment Protocol. For all tributary stream sites, which support or have supported cold-water fish populations, temperature and dissolved oxygen readings were compared with Class B cold water standards. For mainstem Assabet and Concord sites, temperature and DO readings were compared with Class B warm water standards and Sudbury sites were compared with Class B "Aquatic Life" standards. These parameter scores are aggregated to give streamflow, water quality and habitat availability index scores; these three index scores are then aggregated into an overall stream health index. For posting, the index score was converted to a description: excellent (81 – 100), good (61 – 80), fair (41 – 60), poor (21 – 40), and very poor (1 – 20).

**Tributary Stream Health Index:** The lowest scoring months were August and September 2014, when streamflows were very low.

**Water Quality Index:** Table 12 shows Water Quality Index readings for selected sites on the mainstem Assabet, Sudbury and Concord Rivers and on Hop Brook in Sudbury. Nitrates were the lowest scoring parameters, driving the overall WQI score, at the Assabet River sites. At the Concord River sites, nitrates and total suspended solids were the lowest scoring parameters (although higher scoring than at the Assabet sites). Total phosphorus and total suspended solids were the lowest scoring parameters at the Sudbury River site in Concord. Dissolved oxygen was the lowest scoring parameter at the Hop Brook site in Sudbury.



**Table 11: Stream Health Index Readings – Summer 2014**

	Stream Health Index Readings – 2014				
	5/18/2014	6/15/2014	7/20/2014	8/24/2014	9/14/2014
<b>Assabet River Headwater, Mill Rd., Westborough (ABT-312)</b>					
Water Quality Index	76	77	61	71	71
Flow Index	92	83	14	13	13
Habitat Index	100	80	55	40	35
Stream Health Index	88	80	28	26	24
<b>Danforth Brook, Rte 85, Hudson (DAN-013)</b>					
Water Quality Index	79	76	77	73	95
Flow Index	92	77	45	16	23
Habitat Index	80	75	55	35	15
Stream Health Index	83	76	56	28	21
<b>Hop Brook, Otis Street, Northborough (HOP-011)</b>					
Water Quality Index	66	72	54	79	81
Flow Index	92	86	50	40	40
Habitat Index	100	80	70	55	45
Stream Health Index	83	79	57	54	50
<b>Nashoba Br., Commonwealth Ave, W. Concord (NSH-002)</b>					
Water Quality Index	77	71	59	66	72
Flow Index	92	86	77	59	49
Habitat Index	100	95	65	70	45
Stream Health Index	89	83	66	65	53
<b>Nashoba Brook, Wheeler Ave, Acton (NSH-047)</b>					
Water Quality Index	78	69	64	78	87
Flow Index	92	85	69	12	24
Habitat Index	100	100	80	70	45
Stream Health Index	89	83	70	27	40
<b>North Brook, Whitney Ave, Berlin (NTH-009)</b>					
Water Quality Index	76	84	65	79	77
Flow Index	92	85	67	43	38
Habitat Index	95	90	75	45	45
Stream Health Index	87	86	69	51	49

--- data censored

Key:	81 – 100 = Excellent	61 – 80 = Good	41 – 60 = Fair	21 – 40 = Poor	1 – 20 = Very Poor
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**Table 12: Water Quality Index Readings – Selected Mainstem Sites Summers 2014**

Assabet at Rte 9 Westboro (ABT-301)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	2.5	0.05	1	8.24	7.15	16.52	49
6/15/2014	3.5	0.03	1.5	7.57	7.19	17.79	39
7/20/2014	8.7	<0.01	1	6.61	7.51	20.47	6
8/24/2014	12.9	0.05	3	6.34	7.30	19.69	6
9/14/2014	12	0.01	1	5.57	7.30	18.87	6

Assabet at Rte 27 Maynard (ABT-077)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	1.4	0.04	5.5	8.25	6.67	19.12	58
6/15/2014	1.7	0.05	4.5	8.53	7.34	19.35	56
7/20/2014	0.76	0.03	1.50	7.38	7.68	23.63	70
8/24/2014	1	0.02	<1	7.67	7.78	20.47	71
9/14/2014	0.96	<0.01	<1	8.63	7.78	18.34	75

Concord at Lowell Rd Concord (CND-161)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	0.10	0.01	2.5	7.74	7.40	19.02	93
6/15/2014	0.14	0.04	7.5	7.16	7.04	19.32	78
7/20/2014	0.46	0.03	7.5	7.01	7.39	23.85	70
8/24/2014	0.54	0.03	8	7.59	7.43	20.72	70
9/14/2014	0.69	<0.01	2.00	8.23	7.54	17.90	78

Concord at Rogers St Lowell (CND-009)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	0.34	0.05	6.5	8.18	7.07	19.08	74
6/15/2014	0.67	0.06	7	---	7.24	20.06	65
7/20/2014	0.52	0.07	10	7.10	7.29	24.74	63
8/24/2014	1.2	0.02	8	9.50	7.56	21.6	63
9/14/2014	1.8	0.02	5	8.33	7.64	19.26	57

Key: 81 – 100 = Excellent | 61 – 80 = Good | 41 – 60 = Fair | 21 – 40 = Poor | 1 – 20 = Very Poor

Table 12 (continued)

Sudbury at Sudbury Landing Framingham (SUD-144)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	0.18	<0.01	3	9.52	7.16	18.15	92
6/15/2014	0.17	0.03	1.4	8.81	7.14	19.57	89
7/20/2014	0.12	<0.01	1	7.74	7.16	22.58	95
8/24/2014	0.14	<0.01	1	8.13	7.15	19.73	96
9/14/2014	0.19	<0.01	<1	7.9	6.95	16.49	94

Sudbury at Main St. Concord (SUD-005)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	0.09	0.04	3.5	6.76	6.94	19.38	83
6/15/2014	0.12	0.05	6.5	---	7.06	19.52	78
7/20/2014	<0.05	0.06	10.5	6.75	7.23	24.86	71
8/24/2014	<0.05	0.02	10	7.23	7.15	21.90	80
9/14/2014	<0.05	0.02	8	7.74	7.47	19.34	84

Hop Brook at Landham Rd Sudbury (HBS-016)	Water Quality Parameter Reading						Water Quality Index Reading
	NO3	TP	TSS	DO	pH	Temp	
5/18/2014	0.3	0.02	1	3.63	6.76	16.47	56
6/15/2014	0.28	0.07	1.5	2.41	6.55	17.01	9
7/20/2014	1.1	0.08	19.5	1.80	6.84	20.25	5
8/24/2014	0.37	0.04	2	3.35	6.91	17.48	47
9/14/2014	0.45	0.07	14	3.63	6.70	14.73	46

Key: 81 – 100 = Excellent | 61 – 80 = Good | 41 – 60 = Fair | 21 – 40 = Poor | 1 – 20 = Very Poor

### **Aquatic Plant Biomass Sampling**

Three large impoundments of the Assabet River, Massachusetts, were visually surveyed for aquatic plant biomass using a grid-based system between mid-August and early September each year starting in 2007. Goals of the ongoing project are to assess the nature and extent of aquatic plant biomass in the major impoundments of the Assabet River to add to the multi-year database to assess changes in the river's condition and assess progress in achieving the TMDL goal (MA DEP, 2004): "a substantial reduction in total biomass of at least 50% from July 1999 values is considered a minimum target for achieving designated uses."

### ***Biomass Survey Methods***

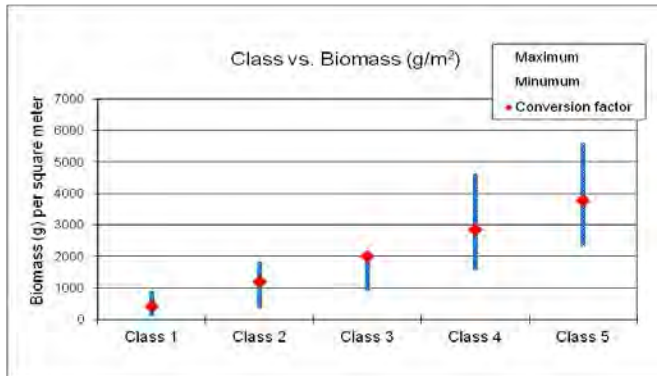
These surveys have focused on three large impoundments of the Assabet River, as the most eutrophied areas of the river. Impoundment locations include: (1) Hudson impoundment (off Rte 85), Hudson, about 0.5 miles upstream from the dam at Rte 85; (2) Gleasondale impoundment, Stow, about 0.6 miles upstream from the dam near Rte 62; and (3) Ben Smith impoundment, Maynard, about 0.7 miles upstream from the dam near Rte 62/117.

The Assabet River was divided into observation grids, extending the grid system originally developed by USGS for MassDEP duckweed monitoring in 2007 (USGS 2011). Using this method, visual observations were conducted by OARS staff from a kayak or canoe, at the peak of the growing season each summer starting in 2007. From 2007 – 2011, grid cells were located in the field using a printed map with the grids and GPS coordinates for the centroid of each grid cell. In 2012, the data collection was conducted using Magellan MobileMapper-6 GPS unit with ESRI ArcPad and data input screens designed for the study. The MobileMapper allows data input in the field and more accurate identification of grid cell locations and size. The size of a grid cell can be estimated in the field by paddling from edge to edge, observing the current GPS point location. A viewing tube ("Aquascope") and/or plant rake was used in some locations to help estimate the percent volume of the water column filled with plants and identification of species. Date, observer's initials, and starting time for the survey, were recorded for each field session. At each grid cell the following information was recorded:

- water depth (measured with weighted tape)
- visual assessments of
  - total percent coverage of floating plants
  - percent coverage of duckweed (*Lemna minor*) ignoring the other floating plants
  - percent volume of the grid's water column filled with submerged plants
  - percent coverage of emergent plants
- dominant and other species in each category (floating, submerged, and emergent)
- presence of invasive species

To compare conditions between years and between impoundments, total wet weight of the floating plant biomass was calculated for each impoundment. Field estimates of total floating plant cover were converted to consistent classes (0 = 0% coverage, 1 = 1 – 25% coverage, 2 = 25 – 50% coverage, 3 = 50 – 75% coverage, 4 = 75 – 99% coverage, 5 = 100% coverage); the total grid surface area (from GIS) for each class was summed for each impoundment; finally, total floating biomass wet weight was calculated using factors developed by OARS (Figure 18). Caveat: these conversion factors were developed on mixture of floating and rooted aquatic plants, so biomass is relative, i.e. comparable within this analysis but not with other analyses.

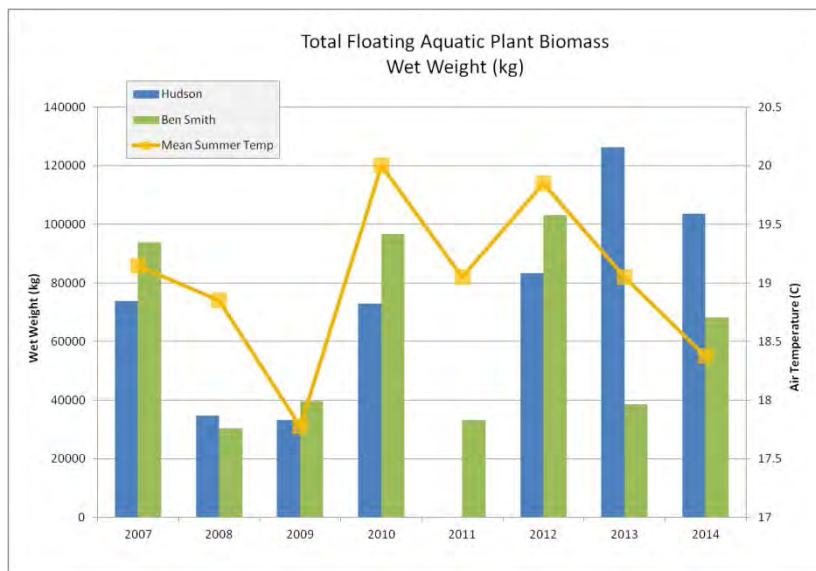
**Figure 18: Class vs. Biomass Wet Weight**



**Biomass Results**

The calculated wet weight of total floating biomass for the Ben Smith and Hudson impoundments from 2007 to 2014 is shown in Figure 19. (The Gleasondale impoundment was not sampled consistently and is not shown.) Because aquatic plant growth appears to be strongly affected by weather conditions over the summer, mean of the daily average summer air temperatures (from the National Weather Service Worcester Regional Airport station) are also shown. The variation in total floating biomass coincides with the variation in average summer temperature (an indicator of overall summer conditions including rainfall and temperature). From 2007 to 2012, total floating biomass in the Ben Smith and Hudson impoundments tended to track together with the Ben Smith higher; but in 2013 and 2014 the biomass in the Ben Smith impoundment was lower in comparison with the upstream Hudson impoundment.

**Figure 19: Total Floating Aquatic Plant Biomass Wet Weight**



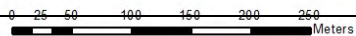
Figures 20 and 21 show conditions in the Ben Smith and Hudson impoundments in 2014.

Figure 20: Total Floating Biomass, Ben Smith, August 29, 2014

Aquatic Plant Biomass Surveys  
Assabet River Impoundments

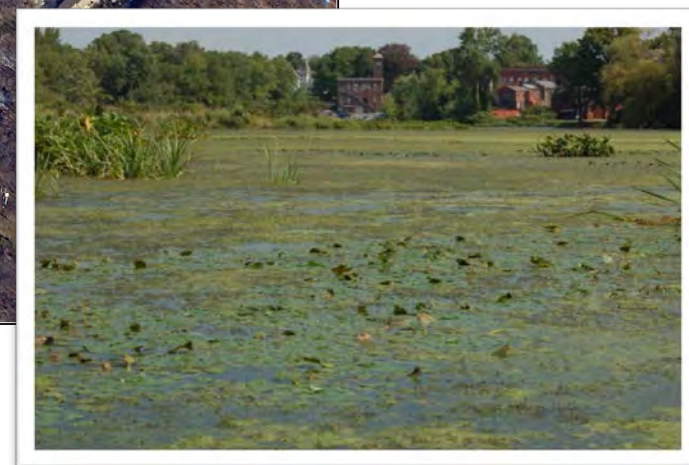
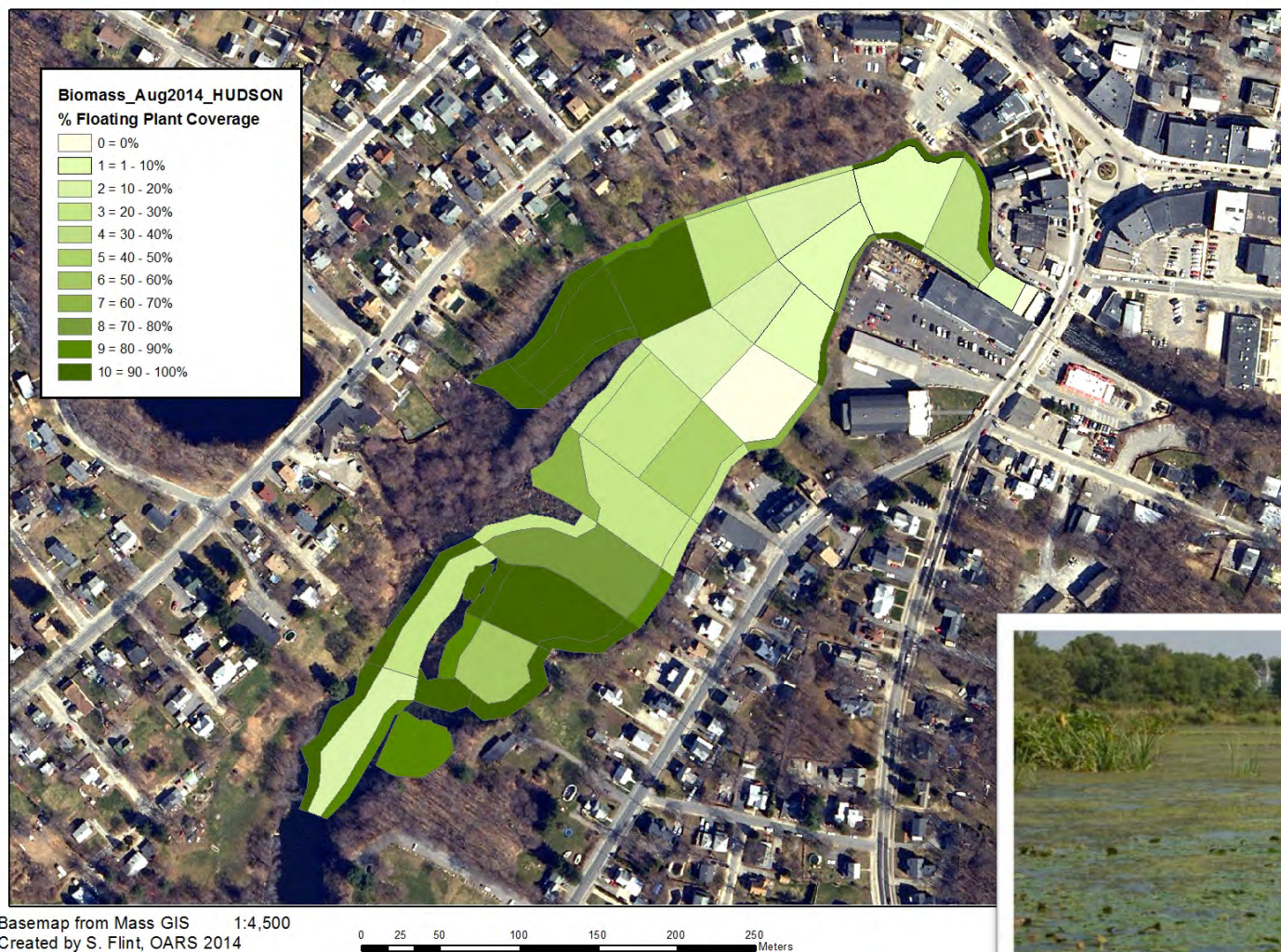


Basemap from Mass GIS 1:4,500  
Created by S. Flint, OARS 2014



Aquatic Plant Biomass Surveys  
Assabet River Impoundments

Figure 21: Total  
Floating Biomass,  
Hudson  
Impoundment,  
August 29, 2014



## Summary

This report presents the monthly water quality, streamflow, and aquatic plant biomass data OARS collected on the Assabet, Sudbury, and Concord Rivers and tributary streams in 2014 (April, May, June, July, August, September, and November) and extends the trend analysis of the nutrient data for the longest-running sites in the Assabet River watershed.

“**Wet**” **sampling events** (i.e. preceded by more than 0.1 inches of rain) in 2014 included April, May, June and September. The April 1<sup>st</sup> – 2<sup>nd</sup> sampling was during very high flows.

**Streamflows** at the Assabet River gage were lower than the historic mean for much of 2014 except for high flows at the end of March through April (including the April sampling dates). Hydrographs for the Concord River gage in Lowell, the Sudbury River gage in Saxonville/ Framingham, and the Nashoba Brook gage in Acton (see Appendix II) show similar patterns to the Assabet River’s.

**Water temperatures** at all sites met Class B warm water fisheries standard (28.3°C) on all of the regular testing dates in 2014. Many of the tributary streams support or have supported cold water fisheries; therefore, tributary and headwater temperature readings are compared with the cold water standard (20.0°C). The recommended single-reading maxima for brook trout is 20.0°C and for brown trout is 23.9°C. In 2014, the headwater and tributary sites tested had water temperatures were below 20.0°C on all dates tested except July; in July only Danforth Brook was below 20.0°C and the other sites were between 20.0°C and 23.9°C

The **pH** readings in ranged from 5.98 to 8.01 SU in 2014, with four sites falling below the Class B standards in April and one site in May; however, note that one meter’s pH probe failed post-field calibration check in April, so there is no pH data for 10 sites in April. Additional morning measurements in the Hudson Impoundment of the Assabet River on August 6<sup>th</sup> showed three pH readings above 8.3.

The range of mainstem **conductivity** readings was from 156 µS/cm to 1192 µS/cm in 2014 with the highest reading at Route 9 (ABT-301) in July. For 2014 among the tributary streams, conductivity ranged from 103 – 1194 µS/cm: the lowest reading (98 µS/cm) was recorded at Danforth Brook in March; highest readings were recorded at RVM-005 in September (1194 µS/cm).

**Dissolved oxygen** concentrations met Water Quality Standards on most occasions. DO concentrations were below Water Quality Standards in Hop Brook, Landham Road, Sudbury on all dates tested, and in Elizabeth Brook in August and September.

This year, three sites were added within impounded sections of the river at Cox Street, Hudson (ABT-162), Sudbury Road, Stow (ABT-134) and White Pond Road (ABT-095) to investigate whether the slower-moving sections have lower DO or warmer temperatures than the “free-flowing” sections. While flow at these sites is influenced by dams, these sites are at accessible bridge crossings and do not represent shallow, backwater conditions in impoundments. No substantial difference were observed in in-situ measurement between these impounded site and the neighboring free-flowing sites.

To investigate dissolved oxygen levels in the shallow, backwater sections of the Hudson impoundment, additional readings were taken on August 6<sup>th</sup> between 6:00 and 8:00am. DO concentrations were found



below the Class B standard (50% saturation) in the backwater sections, while readings in the main channel of the impoundment (generally deeper than 3 ft) were largely in the acceptable range (>50% saturation). The shallow sections of the impoundment were heavily overgrown with filamentous green algae, coontail, and Elodea.

**Nutrients:** In 2014, the median summer **total phosphorus (TP)** concentration of all the Assabet River mainstem sites below the first wastewater discharge (Westborough WWTP) was 0.03mg/L (below the EPA “Gold Book” recommendation, but slightly above the Ecoregion reference condition for TP). The median summer **nitrate** concentration of all the Assabet mainstem sites was 1.80mg/L, five times the Ecoregion reference condition.

The median summer TP concentration in the Concord River mainstem was 0.05 mg/L (above the Ecoregion reference condition, but at the EPA “Gold Book” recommendation.) The median summer nitrate concentration was 0.50mg/L, slightly above the recommended concentration.

The median summer TP concentration in the Sudbury River and in the tributaries of all three rivers (excluding Hop Brook, Sudbury) were slightly elevated. Hop Brook, Sudbury, which is affected by the wastewater discharge from Marlborough Easterly WWTP, and had a median summer total phosphorus concentration three times the recommended concentration.

**Chlorophyll *a*** was measured on the Sudbury River and Hop Brook/Sudbury, in June, July, and August. (The Concord and Assabet Rivers are not sampled for chlorophyll *a*.) Concentrations ranged from 2.52 to 20.0 µg/L with most readings in the “good” to “excellent” range. The highest readings, falling into the “nuisance” range, were at the Sudbury River, Route 62, Concord (SUD-005) (18.5µg/L in June and 20.0 µg/L in July 2014).

**Nutrient Trends:** The analysis of summer (June, July, and August only) nutrient concentration trends in the two most-stable nutrient parameters (total phosphorus and nitrates) was extended to include 2014. Two date ranges were assessed: 1993 – 2014 (“all dates”), and 1999 – 2014 (“late”). Statistically significant trends were similar to previous findings:

- decreasing total phosphorus concentrations in the Assabet River (upper and lower sections) for both date ranges assessed;
- increasing nitrate concentrations in the upper and lower Assabet for the whole date range assessed and in flow-weighted concentrations in the Upper Assabet in the later date range;
- decreasing trends in nitrate concentrations in the tributaries and the Assabet headwater site.

No significant trends were found in dissolved oxygen and no significant trends were found in streamflow at the Assabet River USGS gage on sampling dates.

**Tributary Stream Health Index:** Stream Health Index scores were calculated for small streams where flow data was collected: Assabet River headwater, Hop Brook in Northborough, North Brook in Berlin, Danforth Brook in Hudson, and Nashoba Brook in Concord and in Acton. The lowest scoring months for all of the sites were August and September 2014, when streamflows were very low.

**Water Quality Index:** Water Quality Index (WQI) scores were calculated for selected sites on the mainstem Assabet, Sudbury and Concord Rivers and on Hop Brook in Sudbury. Nitrates were the lowest

scoring parameters, driving the overall WQI score, at the Assabet River sites. At the Concord River sites, nitrates and total suspended solids were the lowest scoring parameters (although higher scoring than at the Assabet sites). The Sudbury River at Framingham (SUD-144) scored “excellent” on all dates tested. Total phosphorus and total suspended solids were the lowest scoring parameters at the Sudbury River site in Concord. Dissolved oxygen was consistently the lowest scoring parameter at the Hop Brook site in Sudbury.

The wet weight of **total floating biomass** was calculated for the Ben Smith, Gleasondale, and Hudson impoundments. From 2007 to 2012, total floating biomass in the Ben Smith and Hudson impoundments tended to track together with the Ben Smith higher; but in 2013 and 2014 the biomass in the Ben Smith impoundment was lower in comparison with the upstream Hudson impoundment. Because the survey is semi-quantitative and shows high inter-annual variation that coincides with variation in summer air temperature, it will take a longer dataset to determine whether the eutrophication of the impounded sections of the Assabet have improved with reductions in total phosphorus discharged from the wastewater treatment plants.

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## Glossary of Terms

**Adaptive Management:** the process by which new information about a watershed is incorporated into the watershed management plan. Ideally, adaptive management is a combination of research, monitoring, and practical management that allows "learn by doing." It is a useful tool because of the uncertainty about how ecosystems function and how management affects ecosystems. More: <http://www.epa.gov/owow/watershed/wacademy/wam/step5.html>

**Ammonia** (NH<sub>3</sub>): a form of nitrogen available for uptake by plants and microorganisms. Sources include the breakdown of organic nitrogen in sediments and untreated sewage. Other sources of ammonia include: fertilizer, home cleaning products and food processing. While ammonia can be readily utilized by plants, high concentrations of ammonia are directly toxic to aquatic life. A secondary effect of increased ammonia occurs when bacteria oxidize the NH<sub>3</sub> to NO<sub>3</sub>, a process called nitrification, consuming four atoms of oxygen for every atom of nitrogen converted. This process can dramatically lower dissolved oxygen in the water.

**Baseflow:** the flow of water from aquifers into the streambed. In natural systems in New England baseflow makes up most of the river flow during the summer.

**Channel Flow Status:** an estimation of the amount of the streambed that is covered with water. Method from the EPA Rapid Bioassessment Protocol.

**Class B:** Massachusetts Class B, sometimes referred to as “fishable, swimmable,” is one of the state’s designations of “appropriate water uses to be achieved and protected” under the federal Clean Water Act. For more information about the federal requirements on water quality standards: <http://water.epa.gov/scitech/swguidance/standards/index.cfm>. For the Massachusetts Surface Water Quality Standards: <http://www.mass.gov/dep/service/regulations/314cmr04.pdf>.

**Conductivity:** the ability of the water to conduct an electrical charge. Conductivity is a rough indicator of the presence of pollutants such as: wastewater from wastewater treatment plants or septic systems; non-point source runoff (especially road salts); and soil erosion. Reported in microSiemens per centimeter (µS/cm), conductivity is measured by applying a constant voltage to one nickel electrode and measuring the voltage drop across 1 cm of water. The flow of electrical current (I) through the water is proportional to the concentration of dissolved ions in the water - the more ions, the more conductive the water and the higher the “conductivity.” Since conductivity in water is also temperature dependent the results are often reported as “specific conductivity,” which is the raw conductivity measurement adjusted to 25° C.

**Dissolved Oxygen:** the presence of oxygen gas molecules ( $O_2$ ) in the water, reported as percent saturation (% sat) or in milligrams per liter (mg/L). The concentration of dissolved oxygen (DO) in the water column provides a direct indication of the water's ability to support aquatic life like fish and macroinvertebrates. Aquatic plants and bacteria in the sediments remove dissolved oxygen from the water when they respire (plants respire mainly at night). Therefore, the lowest dissolved oxygen concentrations of the day occur in the early in the morning. During the day plants add oxygen to the water column through photosynthesis. Both extreme (low or high) DO concentrations and large changes in DO concentrations over the day (diurnal variation) are damaging to the habitat.

**Ecoregion:** An area over which the climate is sufficiently uniform to permit development of similar ecosystems on sites that have similar properties. According to EPA, the ecoregions are "designed to serve as a spatial framework for the research, assessment, management, and monitoring of ecosystems and ecosystem components." More information on the New England Ecoregions:  
[http://www.epa.gov/wed/pages/ecoregions/new\\_eng\\_eco.htm](http://www.epa.gov/wed/pages/ecoregions/new_eng_eco.htm)

**Eutrophic:** abundant in nutrients and having high rates of productivity frequently resulting in oxygen depletion below the surface layer.

**Eutrophication and Cultural Eutrophication:** Eutrophication is the enrichment of bodies of fresh water by inorganic plant nutrients (e.g. nitrate, phosphate). It may occur naturally but can also be the result of human activity (cultural eutrophication from fertilizer runoff and sewage discharge) and is particularly evident in slow-moving rivers and shallow lakes.

**Hydrograph:** A graph showing stage, flow, velocity, or other property of water with respect to time. More hydrographic definitions: <http://water.usgs.gov/wsc/glossary.html#TOC>

**Gold Book:** EPA's 1986 publication of recommended water quality standards.  
[http://water.epa.gov/scitech/swguidance/standards/criteria/aqlife/upload/2009\\_01\\_13\\_criteria\\_goldbook.pdf](http://water.epa.gov/scitech/swguidance/standards/criteria/aqlife/upload/2009_01_13_criteria_goldbook.pdf)

**Impoundment:** A body of water contained by a barrier such as a dam; characterized by an inlet and an outlet stream.

**Mainstem:** The main channel of a river, as opposed to the streams and smaller rivers that feed into it.

**Mesotrophic:** having a nutrient loading resulting in moderate productivity.

**Nitrogen:** a major nutrient supporting plant growth. Nitrogen is measured in its various forms as **nitrate** ( $NO_3$ ), **nitrite** ( $NO_2$ ), **ammonia** ( $NH_3$ ), and **total Kjeldahl nitrogen** (TKN). **Total nitrogen** is calculated as the sum of TKN and nitrates. **Available nitrogen**, calculated as the sum of nitrate and ammonia, gives a measure of the nitrogen readily available for absorption by plants. Once absorbed, nitrogen is incorporated into proteins, amino acids, nucleic acids, and other molecules. Although most aquatic plant growth in rivers is limited by the availability of phosphorus, increased nitrogen availability can also lead to algal blooms.

**Oligotrophic:** having a small supply of nutrients, low production of organic matter, low rates of decomposition, and high dissolved oxygen in the lower layers of the water column.

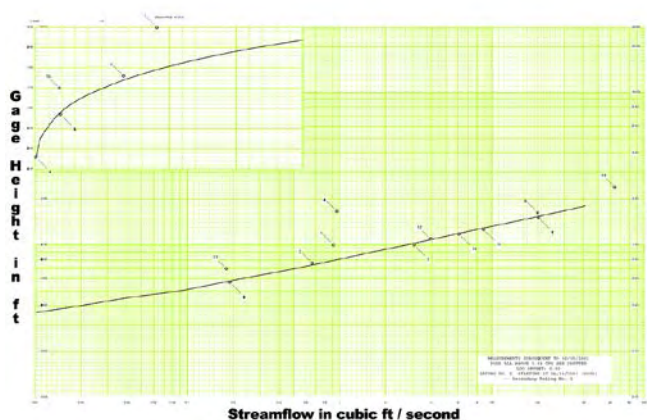
**Phosphorus:** Plants need nutrients to grow; in particular they need a balance of phosphorus (P) and nitrogen (N). Phosphorus is measured as **total phosphorus** (TP) and **ortho-phosphate** (ortho-P; soluble inorganic phosphate, the form required by plants). In most fresh waters, the concentration of phosphorus available to plants is low enough that the plants cannot grow at their maximum rate. But in water bodies like the Assabet, where human activities add phosphorus to the environment, the added phosphorus allows much greater growth of aquatic plants (eutrophic conditions).

**pH:** the negative log of the hydrogen ion concentration in water, a measure of the acidity of water. pH is measured on a logarithmic scale from 1 to 14, with 1 being very acidic, 7 being neutral, and 14 being very basic. Extreme pHs, in either direction, can be toxic to fish and other aquatic life and play a role in the behavior of other pollutants such as heavy metals in the environment. Changes in pH can be the result of acid rain/snow, chemicals entering the waterways, or algal blooms.

**Sediment phosphorus flux:** the exchange of phosphorus between the sediment layer and the overlying water column. Whether the sediments are a nutrient sink or source depends on the composition of the sediments and the condition of the overlying water column. Particularly, under anoxic conditions, phosphorus tends to be released from the sediments.

**Stage and streamflow** measure the amount of water in the river. Stage is the height of the water above the riverbed, and is read at staff gages at several points along the mainstem river and at sites on eight tributaries. Streamflow (also called discharge) is the volume of water passing a given point in the river (reported in cubic feet per second, “cfs”). Streamflow is measured on the mainstem Assabet and Concord Rivers at the USGS gages in Maynard and Lowell, respectively, and reported on the USGS web page. Streamflow on the tributary streams is calculated using a rating curve from staff gage readings taken by OARS volunteers.

**Stage-discharge rating (aka “rating curve”):** the relationship between stage (water height) and discharge (streamflow). The rating curve is determined empirically by making a series of streamflow measurements at different stages and analyzing the graphed results (figure below).



**Temperature** affects the ecosystem in a number of ways: many organisms, especially cool water fish, are sensitive to high temperatures; the solubility of oxygen is lower in warmer water, decreasing the

supply of dissolved oxygen; algae, weeds, and pathogenic microorganisms can all grow faster in warmer water.

**TMDL:** Total Maximum Daily Loading, defined under the federal Clean Water Act, is a calculation of the maximum amount of a pollutant that a waterbody can receive and still meet water quality standards, and an allocation of that load among the various sources of that pollutant. More: <http://www.epa.gov/owow/tmdl/overviewoftmdl.html>

**Total suspended solids (TSS):** the amount of silt, clay, organic material and algae in the water. Sources include erosion and the solids in effluent. Once in the water column, suspended solids are transported downstream and settle gradually, along with decaying plant matter, to form thick organic-rich sediments in the slower sections of the river.

**Tributary:** A stream or river whose water flows into a larger stream, river, or lake.



## Appendix I: Water Quality Designations for the SuAsCo Rivers and Streams

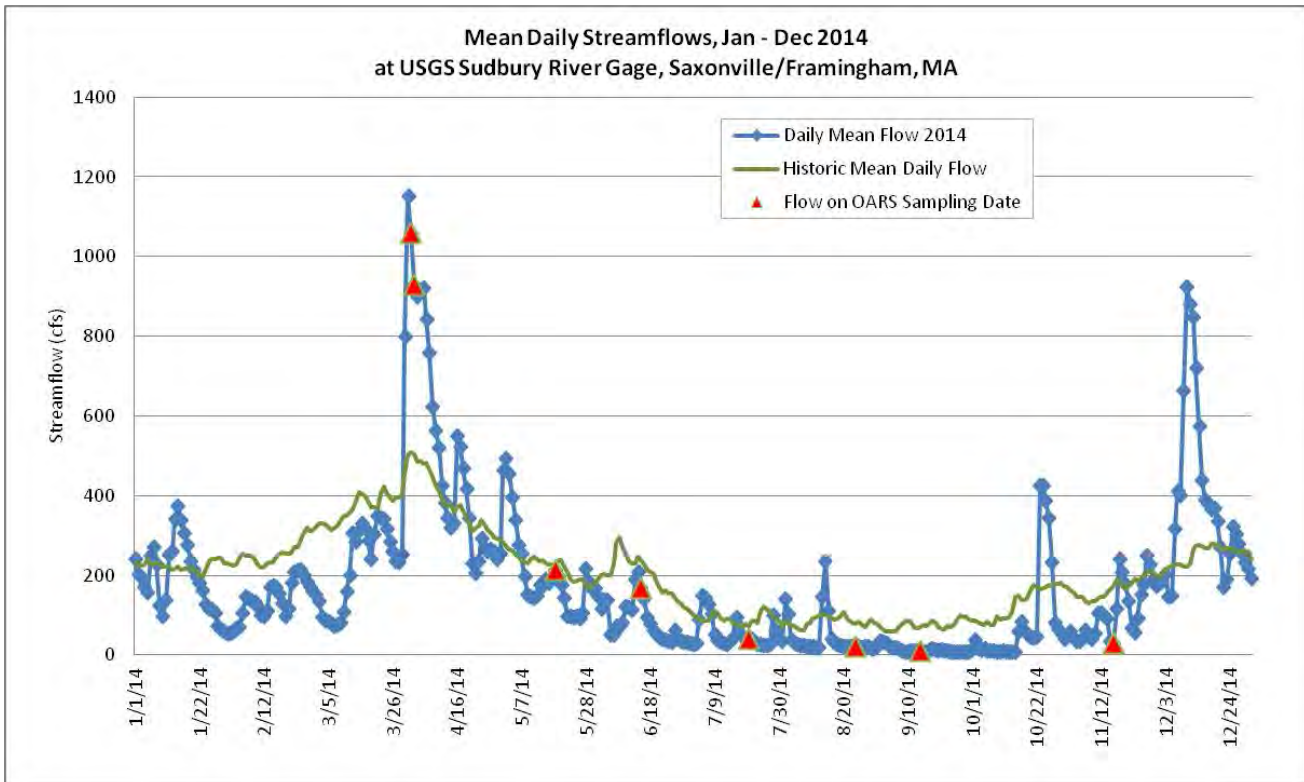
Excerpted from 314 CMR 4.00 : DIVISION OF WATER POLLUTION CONTROL  
<http://www.mass.gov/eea/docs/dep/water/laws/i-thru-z/tblfig.pdf>

<b>Sudbury River</b>			
Boundary	Mile Point	Class	Qualifiers
Source to Fruit Street Bridge, Hopkinton	29.1	B	Warm Water Outstanding Resource Water
Fruit Street Bridge to Outlet to Saxonville Pond	29.1 - 16.2	B	Warm Water High Quality Water
Outlet Saxonville Pond to Hop Brook confluence	16.2 - 10.6	B	Aquatic Life High Quality Water
Hop Brook confluence to Assabet River confluence	10.6 - 0.00	B	Aquatic Life
Denney Brook, Jackstraw Brook, Picadilly Brook, Rutters Brook and Whitehall Brook		B	Outstanding Resource
Hop Brook source to Sudbury River confluence	9.7 – 0.0	B	Warm water
<b>Concord River</b>			
Confluence of the Assabet and Sudbury to Billerica water supply intake	15.4 – 5.9	B	Warm Water Treated Water Supply
Billerica water supply intake to Rogers St.	5.9 – 1.0	B	Warm Water
Rogers Street to confluence Merrimack River	1.0 – 0.0	B	Warm Water CSO
Assabet River			
Source to Westborough WWTF	31.8 - 30.4	B	Warm Water High Quality Water
Westborough WWTF to outlet of Boones Pond	30.4 – 12.4	B	Warm Water
Outlet Boones Pond to confluence with Sudbury River	12.4 – 0.0	B	Warm Water

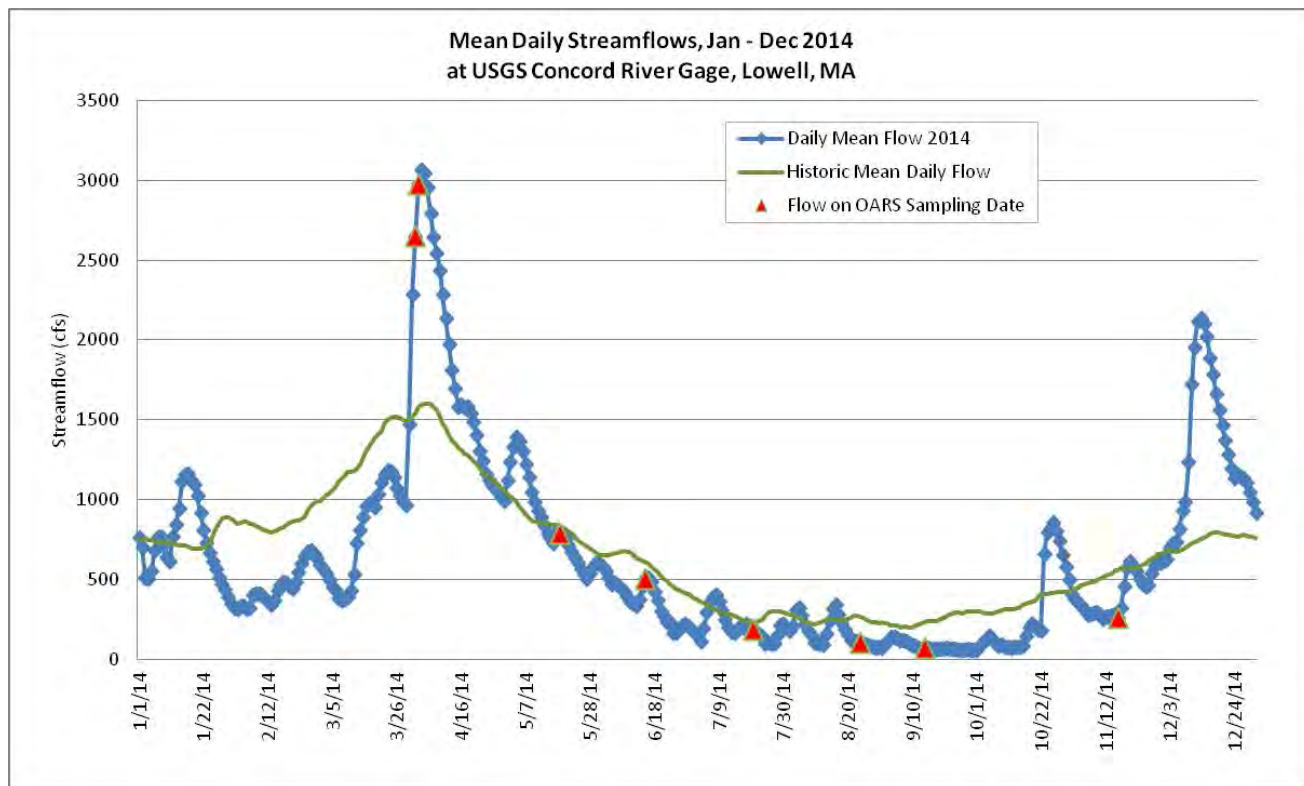
**Massachusetts Division of Fisheries and Wildlife List of Coldwater Fishery Resources** in the Concord (SuAsCo) basin (<http://www.mass.gov/eea/agencies/dfg/dfw/wildlife-habitat-conservation/coldwater-fish-resources-list.html>)

Stream Name	SARIS #
Cranberry Brook	8247885
Danforth Brook	8247275
Flagg Brook	8247225
Great Brook	8247175
Hayward Brook	8248000
Hog Brook	8247325
Hop Brook (1)	8247600
Hop Brook (2)	8247825
Howard Brook	8247525
Jackstraw Brook	8248475
Landham (Allowance) Brook	8247900
Nagog Brook	8246900
North Brook	8247375
Piccadilly Brook	8248450
Pine Brook	8247950
Rawson Hill Brook	8247575
Run Brook	8247875
Second Division Brook	8247075
Sheepsfall Brook	8247250
UNT to A-1 Site (1) (Nourse Brook)	8247627
UNT to A-1 Site (2)	8247628
UNT to Assabet River	8247260
UNT to Cranberry Brook	8247886
UNT to Great Brook	8247180
UNT to Hog Brook	8247327
UNT to Hop Brook	8247879
UNT to Hop Brook (2, 1; Trout Brook)	8247830
UNT to Hop Brook (2, 3)	8247855
NT to Nashoba Brook	8246876
UNT to North Brook	8247435
UNT to Pine Brook	8247965
UNT to Second Division Brook	8247076
UT (NOURSE BROOK)	8248530
Wrack Meadow Brook	8247440

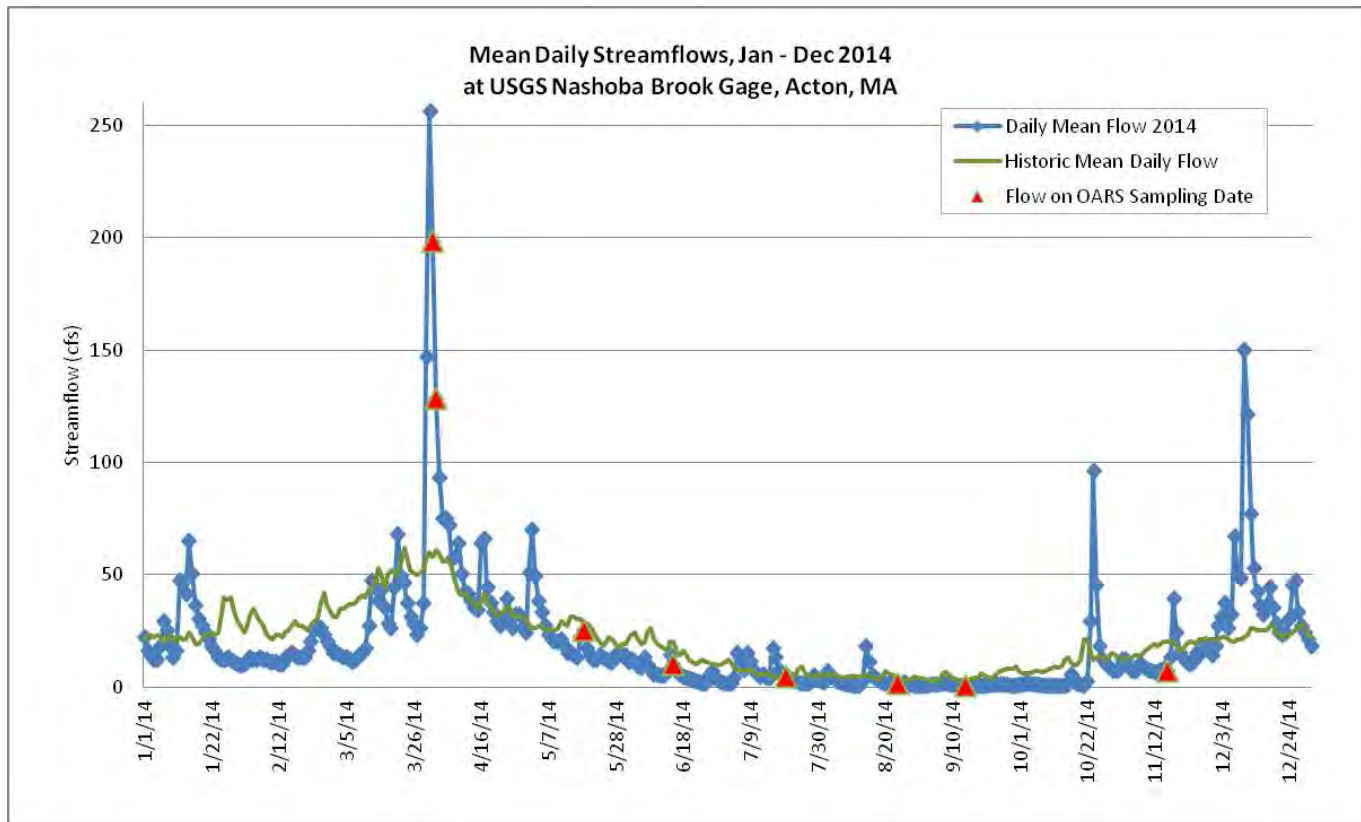
**Appendix II: Streamflow Data from USGS Gages**  
 (see Fig. 4 for Assabet River Mean Daily Streamflows)  
**Mean Daily Streamflows: Sudbury River USGS gage, Saxonville, MA**



**Mean Daily Streamflows: Concord River USGS gage, Lowell, MA**



Mean Daily Streamflows: Nashoba Brook USGS gage, Acton, MA



### Appendix III: Data Quality Notes

OARS' data quality objectives (Table 12) and data qualifiers are listed below (Table 13). Full QC details are available in OARS' Quality Assurance/Quality Control documents on request.

#### Data Qualifiers

Data qualifiers	Description
NA	not sampled
P	provisional data (QA/QC not yet performed)
Q	data met most but not all QA/QC requirements
---	data censored

#### Qualified or censored data for 2014 includes:

Date	Parameter	Qualified/ Censored	Sites	Problem / Action
April 1, 2014	pH	Censored	Lower / Concord	pH probe failed post-field check. Replaced probe.
May 18, 2014	TSS	Qualified	all	exceeded DQO's
June 15, 2014	DO	Censored	Concord	DO probe failed post-field check. Returned rented meter with note.
July 20, 2014	DO	Censored	Upper	DO probe failed post-field check. Returned rented meter with note. Repeated DO measurements for upper Assabet section (reported these measurements).

## Data Quality Objectives

Instrument/ Laboratory	Parameter	Data Quality Objectives			
		Accuracy	Field Precision	Lab Precision <sup>a</sup>	Field Blank Cleanliness
YSI 6000-series Thermistor probe	temperature	± 1 °C	< 10% RPD	< 10% RPD	na
YSI 6000-series Glass Electrode	pH	± 0.2 S.U. at pH 7.00	± 0.5 S.U.	± 0.5 S.U.	na
YSI 6000-series Rapid Pulse	DO	± 5% at 100% saturation	< 10% RPD or < 20% RPD if <4.0 mg/L	< 10% RPD	na
YSI 6000-series 4-electrode cell	Conductivity	± 50 µS/cm at 0 and 1000 µS/cm	< 20% RPD or < 30% RPD if <250 µS/cm	< 20% RPD	na
Nashoba Analytical	TSS	85-115% recovery of lab fortified blank	< 30% RPD or < ± 1 mg/L if < 2 mg/L	< 20% RPD	BDL
Nashoba Analytical	TP	85-115% recovery of lab fortified blank	< 20% RPD or ± 0.01 mg/L if <0.030 mg/L	< 20% RPD	BDL
Nashoba Analytical	ortho – P	85-115% recovery of lab fortified blank	< 20% RPD or ± 0.01 mg/L if <0.030 mg/L	< 20% RPD	BDL
Nashoba Analytical	NO3	85-115% recovery of lab fortified blank	< 30% RPD	< 20% RPD	BDL
Nashoba Analytical	NH3	85-115% recovery of lab fortified blank	< 30% RPD	< 20% RPD	BDL
Alpha Analytical	Chlorophyll <i>a</i>	75 – 125% recovery of lab QC sample (with known Chl <i>a</i> content)	< 20% RPD or ± 2.0 if < 15 µg/L	< 20% RPD	BDL

<sup>a</sup> Lab Precision for field parameters is evaluated by comparing side-by-side meter readings in a bucket of river water.

**Appendix IV: Water Quality Data**  
(available upon request)

**Appendix V: Additional Readings: Hudson Impoundment, August 8, 2014**

DateTime	Temp (C)	Cond	DO %Sat	DO (mg/L)	pH	Lat	Long	Total Depth	Sample Depth	Comments
08/06/14 06:45:51	24.10	971	82.6	6.92	7.32	42.38796	-71.57550	1.8	1	
08/06/14 06:47:58	24.31	971	84.8	7.08	7.37	42.38795	-71.57561	2.3	1	
08/06/14 06:48:50	24.38	970	85.0	7.08	7.37	42.38799	-71.57568	5	1	
08/06/14 06:50:19	24.44	969	84.9	7.07	7.38	42.38811	-71.57589	5.7	1	
08/06/14 06:52:19	24.44	971	85.1	7.09	7.38	42.38811	-71.57589	5.7	4	
08/06/14 06:53:08	24.45	971	84.7	7.05	7.38	42.38815	-71.57587	2.5	0.5	
08/06/14 06:54:45	24.45	970	84.9	7.07	7.38	42.38819	-71.54551	2.5	0.5	
08/06/14 06:56:45	24.34	969	87.3	7.28	7.40	42.38823	-71.57544	2.5	0.5	
08/06/14 06:58:45	23.80	969	78.3	6.60	7.34	42.38824	-71.57536	2	1	
08/06/14 06:59:10	23.80	968	77.2	6.50	7.34	42.38824	-71.57519	0.5	0.2	
08/06/14 07:02:06	23.08	962	41.3	3.53	7.09	42.38824	-71.57514	0.5	0.2	
08/06/14 07:07:33	22.97	962	16.9	1.45	7.04	42.38824	-71.57507	1.1	0.3	
08/06/14 07:07:43	22.97	962	16.6	1.42	7.04	42.38824	-71.57490	2	0.3	
08/06/14 07:09:43	23.58	936	21.4	1.81	7.13	42.38825	-71.57480	2	0.3	
08/06/14 07:11:28	24.87	955	61.6	5.09	7.47	42.38825	-71.57478	2.2	0.5	
08/06/14 07:13:47	25.00	940	98.4	8.11	7.94	42.38826	-71.57453	3.3	1	
08/06/14 07:18:05	24.06	955	22.6	1.89	7.17	42.38823	-71.57493	2	1	
08/06/14 07:20:39	23.48	969	6.3	0.53	7.06	42.38819	-71.57504	1	0.5	
08/06/14 07:23:26	23.41	900	5.9	0.50	7.02	42.38812	-71.57510	1	0.5	
08/06/14 07:30:05	22.64	956	30.0	2.58	7.14	42.38854	-71.57487	1	0.5	
08/06/14 07:30:23	22.63	959	29.8	2.56	7.14	42.38853	-71.57487	0.5	0.2	
08/06/14 07:32:23	24.50	950	75.8	6.30	8.13	42.38841	-71.57451	0.5	0.2	
08/06/14 07:34:23	24.76	931	80.8	6.69	8.68	42.38837	-71.57436	0.5	0.2	
08/06/14 07:39:56	24.85	881	64.8	5.35	7.79	42.38810	-71.57394	2.5	1	Sun hitting water
08/06/14 07:44:36	24.82	880	74.0	6.12	7.94	42.38853	-71.57420	1.9	0.5	
08/06/14 07:46:08	24.78	911	103.8	8.59	8.76	42.38859	-71.57430	2.9	0.5	
08/06/14 07:48:58	24.35	945	88.3	7.36	7.96	42.38871	-71.57453	2.9	0.5	
08/06/14 07:51:22	24.12	945	75.2	6.30	7.71	42.38876	-71.57460	1.9	0.5	
08/06/14 07:55:25	23.58	966	61.8	5.23	7.31	42.38888	-71.57467	0.8	0.2	
08/06/14 07:58:53	24.39	969	88.8	7.40	7.43	42.38898	-71.57483	6	1	



**Appendix V: Additional Readings: Hudson Impoundment, August 8, 2014 (CONTINUED)**

DateTime	Temp (C)	Cond	DO %Sat	DO (mg/L)	pH	Lat	Long	Total Depth	Sample Depth	Comments
08/06/14 08:02:02	24.01	866	78.9	6.62	7.28	42.38903	-71.57487	6	5	
08/06/14 08:04:22	23.99	846	87.7	7.37	7.43	42.38910	-71.57497	2.2	1	
08/06/14 08:07:47	24.39	967	88.1	7.34	7.36	42.38911	-71.57479	2	1	
08/06/14 08:09:47	24.40	954	88.1	7.35	7.41	42.38911	-71.57406	2	1	
08/06/14 08:11:47	24.56	937	107.4	8.93	8.32	42.38909	-71.57386	2	1	
08/06/14 08:13:47	24.28	946	102.0	8.52	7.63	42.38938	-71.57336	2	1	
08/06/14 08:18:36	24.22	662	96.5	8.08	7.52	42.39034	-71.57397	3.5	1	
08/06/14 08:21:17	24.28	674	86.0	7.19	7.25	42.39013	-71.57433	2.9	1	
08/06/14 08:23:41	24.31	700	52.5	4.38	7.02	42.39002	-71.57445	2.6	1	
08/06/14 08:26:29	24.38	696	32.2	2.69	6.86	42.39003	-71.57451	1.7	0.50	
08/06/14 08:31:36	24.30	892	134.8	11.26	8.16	42.39126	-71.57198	3.8	1	

## Appendix VI: Aquatic Plant Biomass Survey Data 2005 - 2014

		Total Area (sq. meters) by Coverage Class; Calculated Wet Weight												
Section		Class 0	Wet Wt (kg)	Class 1	Wet Wt (kg)	Class 2	Wet Wt (kg)	Class 3	Wet Wt (kg)	Class 4	Wet Wt (kg)	Class 5	Wet Wt (kg)	Total Wet Wt (kg)
Hudson Impoundment	2005	14359	0	22317	9529	9632	11424	2297	4593	2770	7907	4917	18597	52050
	2006	27233	0	15496	6617	2813	3337	3923	7846	4491	12823	2334	8828	39451
	2007	0	0	23466	10020	10510	12464	16708	33415	3623	10344	1984	7505	73749
	2008	2350	0	46928	20038	2059	2442	2432	4864	2385	6810	136	515	34670
	2009	11137	0	32268	13778	9193	10903	2453	4906	1241	3542	0	0	33129
	2010	8856	0	28152	12021	328	389	5638	11276	1166	3330	12151	45956	72972
	2011	na		na		na		na		na		na		
	2012	4268	0	11859	5064	23204	27520	5861	11723	3071	8767	8028	30360	83434
	2013	6091	0	3291	1405	13083	15516	5776	11551	8919	25465	19132	72357	126295
	2014	2582	0	14147	6041	16239	19259	3417	6835	5187	14811	15018.5	56800	103746
Ben Smith Impoundment	2005	28956	0	36541	15603	2873	3408	444	887	648	1851	5339	20193	41942
	2006	45966	0	20107	8586	944	1119	4171	8341	1178	3364	2436	9212	30622
	2007	5600	0	44197	18872	4219	5004	4770	9540	0	0	16015	60568	93984
	2008	15954	0	52967	22617	4799	5692	1081	2162	0	0	0	0	30470
	2009	45010	0	11103	4741	6890	8172	7976	15951	3823	10914	0	0	39778
	2010	14329	0	25799	11016	6351	7533	11656	23311	8779	25065	7888	29831	96756
	2011	17858	0	51623	22043	591	701	3657	7314	1073	3062	0	0	33120
	2012	10212	0	21619	9231	20419	24217	6242	12483	4728	13498	11581	43799	103230
	2013	26352	0	37015	15806	6088	7220	1000	1999	3198	9132	1148	4343	38500
	2014	2643	0	39721	16961	25551	30303	2047	4093	1511	4313	3329	12590	68260

Conversion Factors (based on mean OARS field measurements and trend line):

Biomass (g/m<sup>2</sup>): Class 0 = 0 g/m<sup>2</sup>; Class 1 = 427 g/m<sup>2</sup>; Class 2 = 1186 g/m<sup>2</sup>; Class 3 = 2000 g/m<sup>2</sup>; Class 4 = 2855 g/m<sup>2</sup>; Class 5 = 3782 g/m<sup>2</sup>.

Area \* class conversion factor /1000 = total wet weight in kilograms.